



Children with Diabetes[®] *Presents*



Friends for Life[®]

November 7–9, 2025 • Renaissance Seattle Hotel • Seattle, WA

Dexcom

inspired by our community

Dexcom proudly supports the **Children with Diabetes** for their ongoing support, contributions, and impact in the diabetes community.

Dexcom is a global leader in biosensing technology. Founded in 1999, Dexcom has pioneered and set the standard in glucose biosensing for more than 25 years. Its technology has transformed how people manage diabetes, track their glucose and understand overall metabolic health, helping users feel more in control and live more confidently.



Dexcom. Discover what you're made of.
For more information, visit dexcom.com/about



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Dear CWD Friends,

Welcome to Friends for Life Seattle 2025!

For more than two decades, we've worked hard to develop and refine CWD's regional conferences to offer excellent programming for adults and children in a smaller, more intimate atmosphere than our big summer event in Orlando. Our hope is that over the course of this weekend, you'll have the chance to meet everyone in attendance—faculty, sponsors, exhibitors, staff, and fellow attendees alike. By Sunday afternoon, we hope you'll walk away with new FFLs—friends for life—to support you and your family on your type 1 diabetes journey.

Please take a few minutes to look over the schedule for Friday, Saturday, and Sunday. During some time slots for adults, we've scheduled only one speaker; at others, there are multiple breakout sessions. You're welcome to attend any of the adult sessions—no sign-up required. Sessions for adults and parents are located in Salons 4, 5–6, and Studio F.

Breakfast and lunch buffets will be served in Salon 4, and refreshment breaks and exhibits will take place in Salons 1–3 on Saturday. Exhibits will conclude at 4:30 pm on Saturday. Sponsors and exhibitors will not be available on Sunday.

Youth Program Rooms

- Kiddie Kove (ages 0–5): West (3rd Floor)
- Elementary (ages 6–8): North (3rd Floor)
- Tween (ages 9–12): East (3rd Floor)
- Teen (ages 13–17): Visions (28th Floor)

Children will report to their assigned rooms for each session, each day. While we will always check a child's blood glucose if there's a question or if they don't feel well, we ask that parents continue to manage their child's diabetes as you would at home. Low supplies are available in every room and at registration.

We'd like to thank the staff, volunteers, and speakers who are here this weekend. We know travel takes effort, and we deeply appreciate the energy, knowledge, and support you bring to everyone attending. You make a difference.

Finally, a special thank-you to our sponsors and exhibitors. Hosting a Friends for Life conference is a significant undertaking, and we simply couldn't do it without your generosity—both financially and with your time. Your ongoing support has made these regional FFLs possible year after year, for nearly 25 years. You are truly friends for life.

Have a wonderful conference!

Jeff Hitchcock



Jeff Hitchcock

Founder, President, and CEO
Children with Diabetes
jeffh@childrenwithdiabetes.com

Leigh Fickling



Leigh Fickling, JD, MEd, MS

Chief Operating Officer
Children with Diabetes
leigh@childrenwithdiabetes.com



FFL Seattle Adult Program

FRIDAY, NOVEMBER 7				
7:00 – 9:00	Pick up your program, t-shirt, name badge, and wristbands at Registration in the Madison Foyer, then head to South to enjoy light bites, refreshments, and a cash bar with our Exhibitors.			
SATURDAY, NOVEMBER 8				
	Salon A	Salon B	Salon C	Marion
8:00 – 9:00	Buffet Breakfast in Municipal, Superior, and Federal			
9:00 – 10:00	Opening Keynote - Diabetes is My Super Power Gary Forbes			
10:00 – 11:00	Refreshment Break and Exhibits Open in South			
11:00 – 12:00	Adjunctive Therapies in T1D Irl Hirsch, MD	Parenting Young Children with Diabetes Jessie Wong, PhD	T1D Partner Toolbox JoAnne Robb, LMFT	
12:00 – 1:30	Buffet Lunch in Municipal, Superior, and Federal			
1:30 – 2:30	Optimizing Insulin Doses Marina Basina, MD	Navigating the Intersection of Nutrition and T1D in Emerging Adults Katrina Hoch, PhD, MS, RD, CD, CDCES; Kate Weaver, MD	DOFFLs (Dads of Friends for Life) Ben Loebner	
2:30 – 3:30	Refreshment Break and Exhibits Open in South			
3:30 – 4:30	From Congress to the Community: DPAC speaks with Congresswoman Kim Schrier, MD April Gutmann and Jake Johnston	Caregiver Burnout Erika Forsyth, LMFT	Managing Diabetes as an Elite Athlete Gary Forbes	Emerging Adult Transition of Care Discussion Katrina Hoch, PhD, MS, RD, CD, CDCES; Kate Weaver, MD
8:00 - 10:00	Fiffle Social – Snacks, Desserts, Drinks, and Karaoke in Madison Ballroom			
SUNDAY, NOVEMBER 9				
	Salon A	Salon B	Salon C	
8:00 – 9:00	Buffet Breakfast in Municipal, Superior, and Federal			
9:00 – 10:00	Diabetes and Women’s Health Across the Lifespan Marina Basina, MD	Parenting Teens with Diabetes Jessie Wong, PhD	Your Rights as a Person with Diabetes Leigh Fickling, JD, MEd, MS	
10:00 – 11:00	Refreshment Break and Exhibits Open in South			
11:00 – 12:00	Houston, We Have a Beta Cell Problem: Endeavors in T1D Prevention Cate Speake, PhD	Supporting the Evolving Needs of your Child with T1D JoAnne Robb, LMFT	T1D Open Discussion Marissa Hitchcock, RN, BSN, CDCES	
12:00 – 1:30	Buffet Lunch in Municipal, Superior, and Federal			
1:30 – 2:30	Body Grief and T1D Erika Forsyth, LMFT	Moms Meetup Leigh Fickling, JD, MEd, MS	Focus Group - From Ketones to Confidence: Preventing DKA Together	
2:30 – 3:30	Refreshment Break in Madison Foyer			
3:30 – 4:30	Closing Keynote - What’s Exciting in Diabetes Research Irl Hirsch, MD			



FFL Seattle Youth Program

SATURDAY, NOVEMBER 8				
Kiddie Kove West (3rd Floor)		Elementary North (3rd floor)	Tween East (3rd floor)	Teen Visions (28th floor)
8:00 – 9:00	Buffet Breakfast in Municipal, Superior, and Federal			
9:00 – 10:00	Welcome Activities	Ice Breakers: Connections and Team Building	Ice Breakers: Getting to Know the Tweens	Icebreakers & Scavenger Hunt
10:00 – 11:00	Refreshment Break and Exhibits Open in South			
11:00 – 12:00	Eating Healthy	Fun with Food: Exploring Healthy Eating	Music Mania: Guess the Movie, Song, or Artist	Everything is Fine, Why am I Crying?
12:00 – 1:30	Buffet Lunch in Municipal, Superior, and Federal			
1:30 – 2:30	Afternoon Stretches	Get Connected: Special Sessions for Orange and Green Bands	Food: The Fun Fuel	Would You Rather: Diabetes Edition
2:30 – 3:30	Refreshment Break and Exhibits Open in South			
3:30 – 4:30	Working Together: Fall Trees	Team Challenge: Scavenger Hunt	Game Time with a Diabetes Twist	Sports Central: Let’s Get Moving
8:00 - 10:00	Fiffle Social – Snacks, Desserts, Drinks, Karaoke (Salon 4), and board games in Studio F			
SUNDAY, NOVEMBER 9				
Kiddie Kove West (3rd Floor)		Elementary North (3rd floor)	Tween East (3rd floor)	Teen Visions (28th floor)
8:00 – 9:00	Buffet Breakfast in Municipal, Superior, and Federal			
9:00 – 10:00	All About Healthy Foods	Sports Central: Active Play and Friendly Competition	Core Memories Loading: What Make You, You	Let’s Talk About Tech
10:00 – 11:00	Refreshment Break and Exhibits Open in South			
11:00 – 12:00	How are you feeling?	Movie Time: A Chance to Unwind	Sports Central: Let’s Get Moving	The Great Escape
12:00 – 1:30	Buffet Lunch in Municipal, Superior, and Federal			
1:30 – 2:30	Fall Fitness with Sports Central	Adventures in Play: Games and Team Challenges	Create Your Superhero: Powers, Costumes, and Identity	Diabetes Jeopardy: Test Your Knowledge!
2:30 – 3:30	Refreshment Break in Madison Foyer			
3:30 – 4:30	Farewell Friends Sun Catchers	Our FFL Scrapbook: Creating Memories and Keepsakes	Showtime: Movie Hour & Wrap Up	The Face of Diabetes



Detecting T1D at the Right Time May Give You Options

TZIELD is a prescription medication used to delay the onset of Stage 3 type 1 diabetes (T1D), for people 8 years of age and older who have Stage 2 T1D.

TZIELD may cause serious side effects, including cytokine release syndrome and a decrease in your white blood cells, which can affect your body's ability to fight infections. These are not all the adverse events for TZIELD.

See Brief Summary on following page and full Prescribing Information at TZIELD.com.

Chart Your Course

Make A T1D Action Plan

When I was diagnosed with type 1 diabetes (T1D), TZIELD wasn't available—and even if it had been, I wouldn't have qualified. I was already at Stage 3, meaning I was insulin-dependent from day one.

Looking back, I often think about how much of a difference time could have made.

Time to prepare. Time to process. Time before jumping straight into the daily reality of blood sugar monitoring and insulin management. Even more than the logistics, that extra time could have changed how I approached my life—including how I showed up for my training, both physically and mentally.

But my diagnosis didn't come with a warm-up or a warning. One day, I was living life as I always had. The next, I was navigating a condition that demands constant attention.

Since then, I've made it a priority to learn everything I can about T1D. That's when I discovered that T1D develops in stages. If I had known that earlier—if I had known to get screened—I might have caught it in time to plan for more options. But I didn't even know screening was a thing. And back then, it wasn't something most people talked about.

Today, screening is an option. And I can't help but wonder how different things could have been if I'd known sooner. The learning curve for T1D is steep. I wish I'd had the chance to face it with some advance notice.

My diagnosis affected every part of my life. It reshaped big decisions—like how I trained, or when I might start a family. These are the kinds of things I wish I'd had time to think through before becoming insulin dependent.

I can't go back and change my story. But I'm sharing it now in hopes it helps someone else feel empowered. If you or someone you love is at risk for T1D, know this: for appropriate people in Stage 2, **TZIELD** may offer more time before onset of insulin dependent T1D. More time to plan. More time to prepare.

Talk to your doctor about T1D screening and blood sugar testing. Because preparation matters—and while you can't train for everything, you *can* take the first step.



Learn more at
tzield.com

Robin Arzón is a TZIELD spokesperson.

MAT-US-2509095-v1.0-08/2025

SUMMARY OF INFORMATION ABOUT TZIELD® (teplizumab-mzwv) injection, for intravenous use	encouraged to report your pregnancy to the Provention Bio's Adverse Event reporting line at 1-800-633-1610. are breastfeeding or plan to breast feed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD. If you are breastfeeding, you may consider pumping and throwing away your breast milk during treatment with TZIELD and for 20 days after receiving TZIELD treatment. Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
What is the most important information I should know about TZIELD? TZIELD may cause serious side effects, including: - Cytokine Release Syndrome (CRS). Signs and symptoms of CRS problems may include: - fever - muscle and joint pain - headache - feeling tired (fatigue) - nausea - increased liver enzymes in your blood These signs and symptoms may start during the first 5 days of TZIELD treatment. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD. - Decrease in white blood cells. TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes. Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low. See “What are the possible side effects of TZIELD?” for more information about side effects.	How will I receive TZIELD? - TZIELD is given by a healthcare provider through a needle placed in a vein (intravenous infusion) in your arm. - You will receive a TZIELD infusion one-time a day, every day, for 14 days. Each TZIELD infusion will last about 30 minutes. - For the first 5 days of treatment, your healthcare provider will give you medicines by mouth before starting your TZIELD infusion. These medicines include ibuprofen, naproxen or other pain relievers such as acetaminophen, an antihistamine, and an anti-nausea medicine. These medicines may help reduce symptoms of CRS such as a fever, headache, muscle and joint pain, or nausea. - If you miss a scheduled infusion, your healthcare provider will continue your treatment on the next scheduled day. You will not receive 2 infusions on the same day. Tell your healthcare provider if you think something will stop you from completing treatment with TZIELD.
What is TZIELD? TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for adults and children 8 years of age and older who have Stage 2 type 1 diabetes. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels and do not have type 2 diabetes. It is not known if TZIELD is safe and effective in children under 8 years of age.	What are the possible side effects of TZIELD? TZIELD may cause serious side effects including: - See “What is the most important information I should know about TZIELD?” The most common side effects of TZIELD include: - rash - leukopenia (decrease in white blood cell counts) - headache These are not all of the possible side effects of TZIELD. For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088. You may also report side effects to Provention Bio at 1-800-633-1610.
Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you: - have any of the conditions or symptoms listed in the section “What is the most important information I should know about TZIELD?” - have a serious infection or an infection that does not go away or that keeps coming back (chronic). - have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your healthcare provider that you are receiving treatment with TZIELD before receiving a vaccine. - are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy. - If you become pregnant while taking TZIELD, you are	General information about the safe and effective use of TZIELD. Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. You can ask your pharmacist or healthcare provider for information about TZIELD that is written for health professionals.
	What are the ingredients in TZIELD? Active ingredient: teplizumab-mzwv. Inactive ingredients: dibasic sodium phosphate, monobasic sodium phosphate, polysorbate 80, sodium chloride, and water for injection.
	The risk information here is not comprehensive. To learn more, talk about TZIELD with your healthcare provider or pharmacist. The FDA approved labeling can be found at www.tzield.com. TZIELD is a registered trademark of the Sanofi Group. TZIELD is manufactured by Provention Bio, a Sanofi Company. © 2024 sanofi-aventis U.S. LLC. All rights reserved. MAT-US-2400226-v1.0-01/2024

MAKING A SPLASH: UNDERWATER PODDER RESCUES FRIEND FROM TUBE LAKE*

PAGE 3

FASHION FRENZY! LOCAL GIRL DAZZLES IN DRESS FREE FROM TUBES AND CLIPS

PAGE 6

THE DAILY PODDER®

NOVEMBER 7, 2025 | ☁️ LOW: 70MG/DL HIGH: 180MG/DL

TUBELESS TRIUMPH

YOUNG HERO

WEARING OMNIPOD® 5

DEFEATS D'SPAYRE

SEATTLE, WA – The highs and lows of type 1 diabetes never stood a chance against Omnya, or should we say, Dyasonic. While wearing the Omnipod 5 Automated Insulin Delivery System, she took on D'Spayre, a villain who feeds on fear, doubt, and the negative emotions that can come with diabetes. But, when uncertainty took hold, a hero arose! More on this story at the Omnipod booth at CWD! 🍷

EXTRA! EXTRA! READ ALL THE FINE PRINT

*The Pod has an IP28 rating for up to 25 feet for 60 minutes.

The Controller is not waterproof.

1. USA 2024, Data on file.

The Omnipod 5 Automated Insulin Delivery System is indicated for use by individuals with type 1 diabetes mellitus in persons 2 years of age and older and type 2 diabetes mellitus in persons 18 years of age and older. The Omnipod 5 System is intended for single patient, home use and requires a prescription. The Omnipod 5 System is compatible with the following U-100 insulins: Novolog®, Humalog®, and Admelog®. Refer to the Omnipod® 5 Automated Insulin Delivery System User Guide and www.omnipod.com/safety for complete

safety information including indications, contraindications, warnings, cautions, and instructions.

Warning: SmartAdjust™ technology should NOT be used by anyone under the age of 2 years old. SmartAdjust™ technology should also NOT be used in people who require less than 5 units of insulin per day as the safety of the technology has not been evaluated in this population.

Warning: DO NOT start to use the Omnipod® 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

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EXCLUSIVE



MARVEL AND OMNIPOD TEAM UP TO BRING YOU DYASONIC: SOUND OF STRENGTH

GET YOUR COPY AT THE OMNIPOD BOOTH

READY TO TRY OMNIPOD 5?

VISIT OMNIPOD.COM/CWD



Pod shown without necessary adhesive.¹

OMNIPOD® 5 IS THE #1 PRESCRIBED AUTOMATED INSULIN DELIVERY SYSTEM



Marina Basina, MD

Saturday	1:30 - 2:30	Salon A	Optimizing Insulin Doses
Sunday	9:00 - 10:00	Salon A	Diabetes and Women's Health Across the Lifespan



Leigh Fickling, JD, MEd, MS

Sunday	9:00 - 10:00	Salon C	Your Rights as a Person with Diabetes
Sunday	1:30 - 2:30	Salon B	Moms Meetup



Gary Forbes

Saturday	9:00 - 10:00	Salon A, B, C	Opening Keynote: Diabetes is My Super Power
Sunday	3:30 - 4:30	Salon C	Managing Diabetes as an Elite Athlete



Erika Forsyth, LMFT

Saturday	11:00 - 12:00	Visions (28th Floor)	Everything is Fine, Why am I Crying? (Teens)
Saturday	3:30 - 4:30	Salon B	Caregiver Burnout
Sunday	1:30 - 2:30	Salon A	Body Grief and T1D



April Gutmann

Saturday	3:30 - 4:30	Salon A	From Congress to the Community...
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Irl Hirsch, MD

Saturday	11:00 - 12:00	Salon A	Adjunctive Therapies in T1D
Sunday	3:30 - 4:30	Salon A, B, C	Closing Keynote: What's Exciting in Diabetes Research



Katrina Hoch, PhD, MS, RD, CD, CDCES

Saturday	1:30 - 2:30	Salon B	Navigating the Intersection of Nutrition and T1D in Emerging Adults
Saturday	3:30 - 4:30	Marion	Emerging Adult Transition of Care Discussion



Jake Johnston

Saturday	3:30 - 4:30	Salon A	From Congress to the Community...
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Ben Loebner

Sunday	1:30 - 2:30	Salon C	DOFFLs (Dads of Friends for Life)
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JoAnne Robb, LMFT

Saturday	11:00 - 12:00	Salon C	T1D Partner Toolbox
Sunday	11:00 - 12:00	Salon B	Supporting the Evolving Needs of your Child with T1D



Cate Speake, PhD

Sunday	11:00 - 12:00	Salon A	Houston, We Have a Beta Cell Problem: Endeavors in T1D Prevention
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Kate Weaver, MD

Saturday	1:30 - 2:30	Salon B	Navigating the Intersection of Nutrition and T1D in Emerging Adults
Saturday	3:30 - 4:30	Marion	Emerging Adult Transition of Care Discussion



Jessie Wong, PhD

Saturday	11:00 - 12:00	Salon B	Parenting Young Children with Diabetes
Sunday	9:00 - 10:00	Salon B	Parenting Teens with Diabetes

Scan the QR Code to learn more about our FFL Faculty





Gold Sponsors



dexcom

Dexcom empowers people to take control of health through innovative biosensing technology. Founded in 1999, Dexcom has pioneered and set the standard in glucose biosensing for more than 25 years. Its technology has transformed how people manage diabetes and track their glucose, helping them feel more in control and live more confidently.

Dexcom. Discover what you're made of. For more information, visit www.dexcom.com.



Insulet Corporation (NASDAQ: PODD), headquartered in Massachusetts, is an innovative medical device company dedicated to simplifying life for people with diabetes and other conditions through its Omnipod product platform. The Omnipod Insulin Management System provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet's latest innovation, the Omnipod® 5 Automated Insulin Delivery System, is a tubeless automated insulin delivery system, integrated with a continuous glucose monitor to manage blood sugar with no multiple daily injections, zero fingersticks, and is fully controlled by a compatible personal smartphone. Insulet also leverages the unique design of its Pod by tailoring its Omnipod technology platform for the delivery of non-insulin subcutaneous drugs across other therapeutic areas. For more information, please visit: insulet.com and omnipod.com.

sanofi

Sanofi is an innovative global healthcare company, driven by one purpose: we chase the miracles of science to improve people's lives. Our team, across some 100 countries, is dedicated to transforming the practice of medicine by working to turn the impossible into the possible. We provide potentially life-changing treatment options and life-saving vaccine protection to millions of people globally, while putting sustainability and social responsibility at the center of our ambitions.

JOIN US AT THE

Friends for Life Conference

**SEATTLE, WASHINGTON
NOVEMBER 7-9, 2025**

😊 Children with Diabetes®

Supporting Diabetes Care for Over 100 Years

As a devoted sponsor of Children with Diabetes (CWD) for more than 25 years, Lilly has been committed to diabetes care since the discovery of insulin in 1921. Through our collaboration with advocates and partners like CWD, we help provide essential resources, education, and support for all people living with type 1 diabetes so they can enjoy healthy and enriched lives. We can't wait to join you at this year's conference for a weekend of fun-filled and educational sessions!

PROUDLY SPONSORED BY



Learn more about our work:

<https://www.lilly.com/disease-areas/diabetes>



Advocacy Sponsor



Lilly

We're a medicine company turning science into healing to make life better for people around the world.

Harnessing the power of biotechnology, chemistry and genetic medicine, our scientists are urgently advancing science to solve some of the world's most significant health challenges. It all started nearly 150 years ago with a clear vision from founder Colonel Eli Lilly: "Take what you find here and make it better and better."

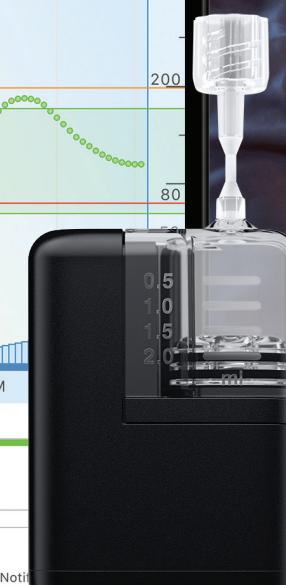
But we're not only dedicated to making medicines. We go beyond medicine to deliver innovative clinical trials that reflect the diversity of our world and work to ensure our medicines are accessible and affordable. Learn more at www.lilly.com/who-we-are/about-lilly.

 Tandem Mobi

Tiny Pump, Big on Control

The Tandem Mobi automated insulin delivery system **predicts glucose levels** 30 minutes ahead and automatically adjusts insulin every 5 minutes to **help prevent highs and lows**.

Anna
diagnosed 2020



tandemdiabetes.com

Tandem Mobi represented is true to actual size.

Important Safety Information: RX Only. Indicated for patients with type 1 diabetes, 6 years and older. Safety info: tandemdiabetes.com/safetyinfo.

WARNING: Control-IQ technology should not be used by people under age 6, or who use less than 10 units of insulin/day, or who weigh less than 55 lbs.

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Silver Sponsor



TANDEM
Diabetes Care

Tandem Diabetes Care creates new possibilities for people living with diabetes, their loved ones, and their healthcare providers through a positively different experience. We manufacture and sell the t:slim X2 insulin pump with Control-IQ technology, but we're so much more than that. Our company's human-centered approach to design, development, and support delivers innovative products and services for people who use insulin. Since many of our own team members live with type 1 diabetes, or have a loved one impacted by diabetes, the work is personal, and we are committed to the cause. Learn more at tandemdiabetes.com.

 **minimed**

MINIMED™ 780G SYSTEM

Life with
diabetes
just got
easier

Experience the #1 pump in preventing highs and lows based on user satisfaction.¹⁻³

Now even easier to use when paired with the 15-day Instinct sensor, made by Abbott.



**Scan to
learn more.**

1. Adults, T1 and parents of children with T1 diabetes < 18 years were surveyed.
2. Individual results may vary.
3. dQ&A US Patient Voice Q2 2025, p. 77. N=215.

Important Safety Information for MiniMed™ 780G System (Instinct sensor):

MiniMed™ 780G System is for type 1 ages 7 and over. Prescription required.
WARNING: Do not use SmartGuard™ feature for people who require less than 8 units or more than 250 units of insulin/day. For details, please visit <https://www.medtronicdiabetes.com/support/download-library/user-guides> and www.medtronicdiabetes.com/important-safety-information for complete details.

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Bronze Sponsors



The **Diabetes Patient Advocacy Coalition (DPAC)** is an alliance of people with diabetes, caregivers, patient advocates, health professionals, diabetes organizations and companies working collaboratively to promote and support public policy initiatives to improve the health of all 37.3 million Americans with diabetes. We train people in the diabetes community on how to be advocates for themselves and their families. We work to ensure quality of and access to care, medications, and devices for patients living with diabetes; and to educate, inspire, and empower patient advocates as well as lawmakers toward meaningful action on diabetes.



Diamyd Medical develops precision medicine therapies for the prevention and treatment of Type 1 Diabetes and LADA (Latent Autoimmune Diabetes in Adults). Diamyd® is an antigen-specific immunotherapy for the preservation of endogenous insulin production that has Orphan Drug Designation in the U.S. and, in February 2024, was granted Fast Track designation by the U.S. FDA. DIAGNODE-3, a confirmatory Phase III trial is actively recruiting patients with recent-onset Type 1 Diabetes in eight European countries and in the US. Significant results have previously been shown in a large genetically predefined patient group – in a large-scale meta-analysis and in the Company's European Phase IIb trial, where Diamyd® was administered directly into a superficial lymph node in children and young adults with recently diagnosed Type 1 Diabetes.

Medtronic

Medtronic is working together with the global community to change the way people manage diabetes. The company aims to transform diabetes care by expanding access, integrating care, and improving outcomes, so people living with diabetes can enjoy greater freedom and better health.



Sequel is dedicated to developing next-generation drug-delivery advancements, starting with its FDA-cleared device, the twiist™ Automated Insulin Delivery (AID) system powered by Tidepool. The twiist system integrates innovative technologies to reimagine insulin delivery and sets a new standard for diabetes management providing simplified access and personalized control for PWD.

TRANSCEND™

Transcend provides fast-acting, portable glucose solutions designed for critical blood sugar situations. Our durable, pre-packaged glucose gels and shots ensure rapid response to hypoglycemia and offer reliable and precise glucose level management. Trusted by healthcare professionals, Transcend products are essential for effective, on-the-go diabetes care and support in critical moments.



Xeris Pharmaceuticals, Inc., the maker of Gvoke HypoPen® (glucagon injection), is dedicated to unlocking the potential of glucagon. We believe that our technology can have a profound impact on the lives of patients and their families. That's why we are proud to be the first to develop liquid glucagon, but that's just the beginning. We're also studying how our formulation technology can impact patients with other conditions. We have a persistent drive to pursue solutions that have the potential to change lives. Get to know us and see how our technology is unlocking the potential of today's medicines at www.xerispharma.com



Peace of mind with the twiist™ Automated Insulin Delivery (AID) System

Powered by Tidepool

Small, lightweight, and the first of its kind in personalized diabetes management.

With advanced predictive power and precise insulin delivery—even when sleeping, busy, or distracted—twiist adapts to the changes in your day, so you can manage type 1 diabetes your way.



Predicting & adjusting every 5 minutes. twiist provides your personalized 6-hour glucose forecast and adjusts basal insulin all day and night to help prevent highs and lows.



Flexible range & meal entries. Set your target range anywhere between 87–180 mg/dL (the widest of any AID system).¹⁻⁶ Adjust your carb intake before, during, OR after eating.



Monitor & manage. Bolus from your twiist Pump, iPhone, or discreetly from your Apple Watch.



Join the twiist Insider List



INDICATIONS FOR USE

The twiist Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S. Visit twiist.com/safety for Important Safety Information.

References: 1. Sequel Med Tech - twiist Automated Insulin Delivery (AID) System Powered by Tidepool User Guide 2. Insulet - Omnipod 5 Automated Insulin Delivery System User Guide 3. Medtronic - MiniMed 780G system User Guide 4. Tandem Diabetes Care - tslim X2 Insulin Pump User Guide 5. Tandem Diabetes Care - Tandem Mobi System User Guide 6. Beta Bionics - iLet Bionic Pancreas System User Guide.

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Friends for Life® Hershey 2026

Hershey Lodge • Hershey, Pennsylvania • March 20-22, 2026



For more information,
scan the QR code, or visit:

FFL.is/Hershey



FFL IS COMING TO THE EAST COAST! Friends for Life® Hershey 2026

Looking for something truly sweet? Join us at Friends for Life Hershey, March 20–22, 2026 at the Hershey Lodge in Hershey, Pennsylvania.

Friends for Life is more than a conference—it's a place where everyone gets what life with type 1 diabetes is really like. Over the course of the weekend, you'll connect with people of all ages who share your experiences, hear from world-class faculty, and learn new strategies to help you thrive with T1D. From practical education to heartfelt conversations, every moment is designed to support you and your family.

And in Hershey, friendship isn't the only sweet thing you'll find. Whether you're living with T1D, supporting someone who is, or part of a sibling or partner track, you'll feel at home here.

Learn more at FFL.is/Hershey—we can't wait to see you there!



March 20–22, 2026



Registration (all ages): \$150



Hershey Lodge in Hershey, Pennsylvania

Registration includes:

- All sessions for adults and children
- Access to the Exhibit areas
- Reception on Friday evening
- Saturday breakfast, lunch, and snack breaks
- Sunday breakfast, lunch, and snack breaks
- One t-shirt per registered person

*Registration will increase to \$250 per person on February 26, 2026, pending availability.

Is cost a concern? The Friends for Life Scholarship Program helps first-time families and young adults with T1D attend by removing financial barriers. Learn more at FFL.is/Scholarships.

30 YEARS OF CARING

ONE GIFT AT A TIME

For 30 years, Children with Diabetes has empowered families and built community so no one faces type 1 diabetes alone. Help us raise \$165,000 to bring 30 families to Friends for Life Orlando — a life-changing experience of connection and hope. Give today at cwd.is/30YearsOfCaring.



60

Scholarships awarded to families and young adults in 2025

935

Numbers of people who attended for the first time in 2025

\$165,000

Total dollars spent on scholarships



\$135K spent on family scholarships



\$30K spent on young adult scholarships

"Words can't describe the gratitude my family and I feel after receiving the full scholarship to the Friends for Life Conference in Florida. We feel extremely fortunate and thankful that you provide this scholarship to families like ours. Without this scholarship, we would not have been able to afford this inspiring and uplifting experience."

—The Kratz Family

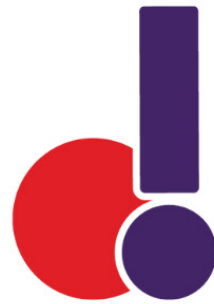


YOUR IMPACT IN ACTION



Every gift tells a story. Scan the QR code to see how your support brings families and young adults with type 1 diabetes together.

DIABETES
LEADERSHIP
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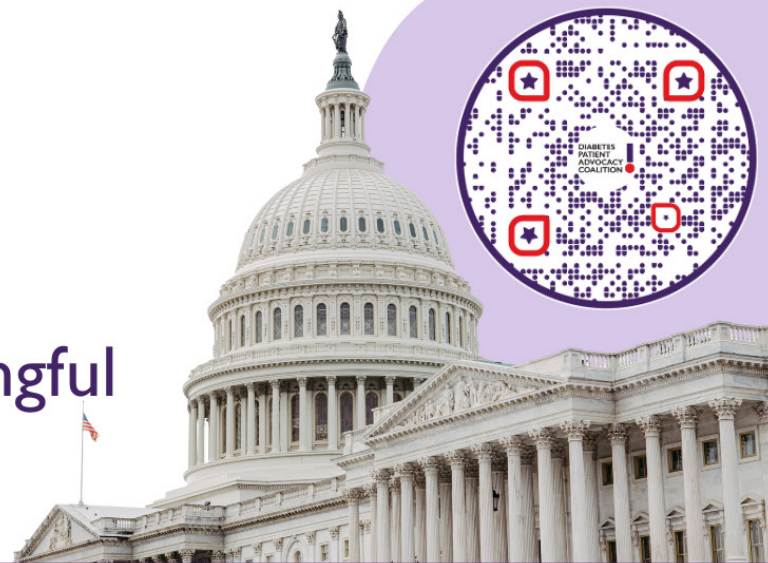


DIABETES
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ADVOCACY
COALITION



Our Mission:

To educate, inspire, and empower advocates and lawmakers toward meaningful action on diabetes.



Get Involved

Register as a diabetes Champion & learn more here:
DiabetesPAC.org | DiabetesLeadership.org



@DiabetesPAC



Diabetes Patient Advocacy Coalition



@DiabetesPAC
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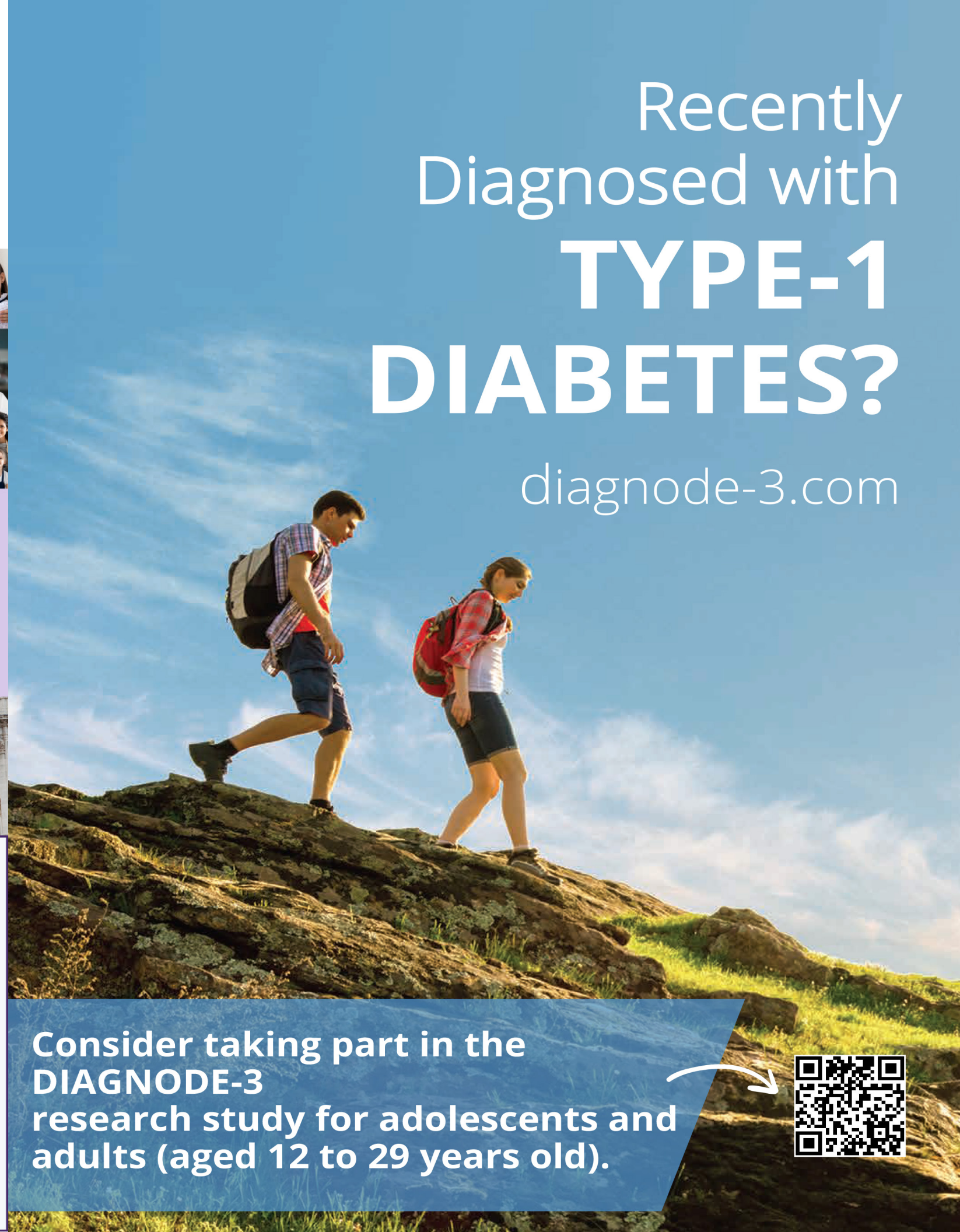


Diabetes Patient Advocacy Coalition
Diabetes Leadership Council



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Consider taking part in the
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adults (aged 12 to 29 years old).



Better Together Society

At Children with Diabetes, the Better Together Society (BTS) is our monthly giving community. Your ongoing support helps fund scholarships and life-changing experiences at Friends for Life conferences—where families find education, connection, and hope.

For as little as \$5 a month, you'll be part of a dedicated group making a lasting impact in the lives of people with type 1 diabetes. BTS members are recognized in CWD's conference and annual publications.

Join the Better Together Society today at cwd.is/BTS and help us build a brighter future for everyone living with T1D.

Better Together Society Members

Sunshine Abel	Carrie Cowan	The Geren Family	Kimberly Kirby	Ashlyn Mills	Ed Raskin	Kathryn Westphal
Matt Aguiar	Olivia Cullipher	Elizabeth Goldstein	Jami Klein	Pantea Minnock	Belle Rison	Austin White
Lisa Anderson	Sarah DeBauge	Shelley Grand	Lisa Klingler	Heather Mitchell	Kenneth Rodenheiser	Amy Witherington
Mary Babin	Rebecca DeLong	Parker Scot Grand	Hannah Klippel	Wendi Moldthan	Dave Rudolph	Robyn Wright
Joan Bardsley	Liz Dodson	Stephen Grant	Rachel Knight	Kenneth Moritsugu	Jeremy & Lauren Salko	Kate Zimmerman
Tanner Barton	Kristina Dooley	Tina Hammer	Dana Koenig	Tiffany Mosby	Carla Scott	
Morgan Bednarczyk	Lisa Dreasher	Kelly Hansen	Corey Lackey	Brian Mulherin	Kevin Sims	
Laura Billetdeaux	Stephen Duane	Kristi Herbert	Lauren Lanning	Kristen O'Dell	Jenny Sloan	
Teresa Brandt	Susan Feldt	Jeff & Brenda Hitchcock	Jacob Lewis	Bob Oconnell	Erica Smith	
Sean Brennan	Davis Fickling	Marissa Hitchcock	LaQuanda Lockhart	Kerry Ogradowczyk	Jordan & Sasha Squibb	
Kathy Brown	Ava Fickling	Pam Loebner	Hannah Opdenaker	Hannah Opdenaker	Andrew Stone	
Erin Callahan	Leigh Fickling	Kara Hunsche	Benny Loebner	Rachale Park	James (Jim) Stone	
Jessica Carey	Carolyn Freligh	George Huntley	Kristianne Lore-Keyser	Jisel Parra	Kimberly Stott	
Brianne Carter	Christine Freund	Rachael Jacques	Amy Malliett	Stewart Perry	Kate Stricklin	
Kelly & John Close	Christy Gagnier	Rebecca Jervey	Bonnie Martin	Lizzie Poe	The Johnson Family Trust	
Leslie Collins	John Gallagher	Angela Kaminski	Tanis Miller	Ernesto Prado	Kayla Van Eperen	
Kristen Conklin	Tiffany Garrison	Jan Kavookjian	Tim Mills	Rachel Price	Andrew Waibel	

Members as of 10/21/25

CWD Legacy Circle

The Legacy Circle, created in honor of Jeff and Brenda Hitchcock, is Children with Diabetes' premier giving program, recognizing their extraordinary contributions to the T1D community.

Through the generosity of major donors, we continue the Hitchcock legacy of providing care, connection, and community for those affected by type 1 diabetes. Each member of the Legacy Circle plays a vital role in ensuring that every family impacted by T1D feels supported and never alone.



CWD Legacy Circle Members

Patron \$500,000 Diamond Embellished CWD Challenge Coin Anonymous	Visionary \$75,000 Silver CWD Challenge Coin Anonymous Wayne Bardsley George and Judy Huntley Kevin and Mimi Sayer	Friend \$10,000 Legacy Circle Lapel Pin & CWD Challenge Coin The Abel Family Anonymous Michael Bulger Jane Cooper Gigliola and Edward Hawthorne Brenda and Jeff Hitchcock The Geren Family Claudia Graham Drs. George and Zuzana Grunberger Al and Sue Johnson The Karits Family Macey's Believers, Inc. Teresa and Troy Littlefield The Lukhard Family The Merwin Family The Moritsugu Family
Benefactor \$300,000 Gold Clad Solid Silver CWD Challenge Coin Petrovic Gubin Foundation	Partner \$25,000 Bronze CWD Challenge Coin The Deitle Norris Family Stewart Perry Joshua Tripp Wayne Bardsley	
Steward \$150,000 Gold Clad Solid Silver CWD Challenge Coin Helen Finegold and Will Nowak The Salko Family		

Members as of 10/21/25



Upcoming Conferences

- 2026**
Friends for Life Hershey 2026 at the Hershey Lodge
Hershey, Pennsylvania | March 20-22, 2026
Friends for Life Orlando 2026 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 7-12, 2026
Friends for Life Anaheim 2026 at the Disneyland Hotel
Anaheim, California | October 30-November 1, 2026

- 2027**
Friends for Life Nashville 2027 at the Sheraton Music City Nashville Airport
Nashville, TN | March 12-14, 2027
Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 6-11, 2027
Friends for Life Lexington 2027 at the Marriott Lexington City Center
Lexington, Kentucky | November 5-7, 2027
This weekend event is for adults with T1D and their spouses and partners.

Future Dates for FFL Orlando

- Friends for Life Orlando 2028 at the Gaylord Palms
Kissimmee, Florida | July 4-9, 2028
- Friends for Life Orlando 2029 at the Gaylord Palms
Kissimmee, Florida | July 3-8, 2029
- Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 2-7, 2030
- Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 8-13, 2031
- Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 6-11, 2032
- Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 5-10, 2033
- Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 4-9, 2034





Living with type 1 diabetes can be incredibly challenging and the work required for daily life deserves special recognition. Through the CWD Journey Awards program, we want to recognize the work required to thrive with type 1 diabetes. Medals marking 5, 10, 25, 50, and 75 years of daily life with diabetes serve as an inspiration to everyone in the type 1 community.

Since 2022, CWD has shipped over 7,750 awards recognizing over 150,000 years of lived experience with T1D throughout the US.

CWD Journey Awards can be requested online at cwd.is/journeyaward.

You can pick up your Journey Award at the CWD booth Friday evening through Sunday afternoon.



Children with Diabetes®
JOURNEY
award



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