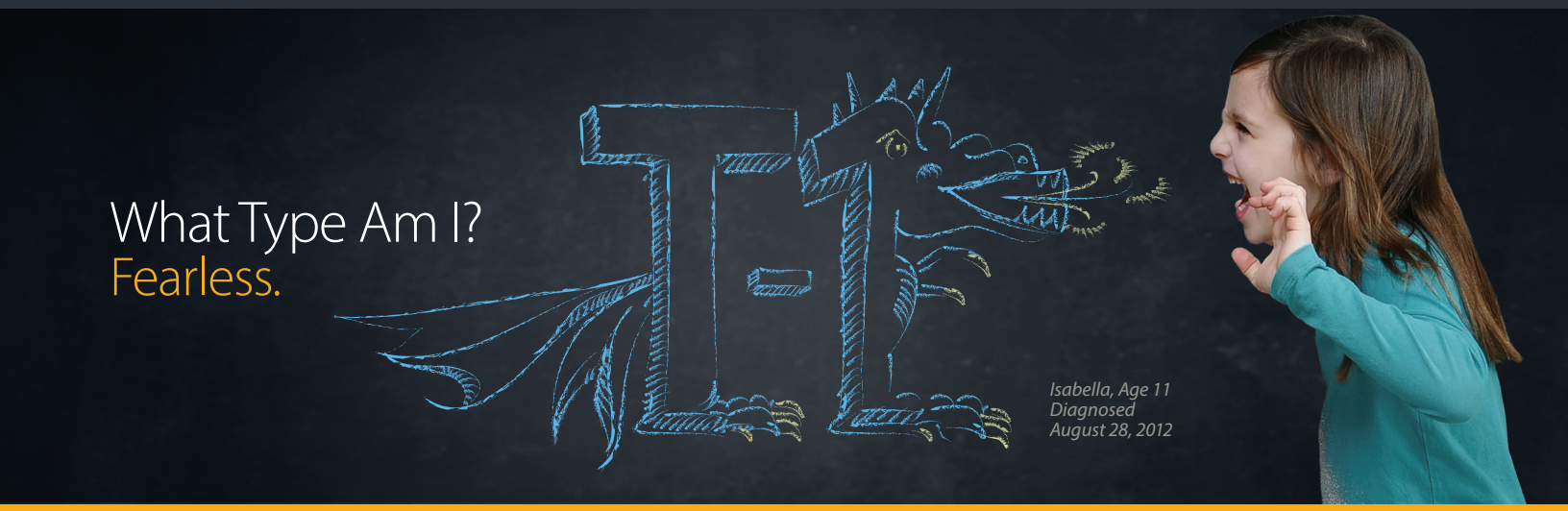


# Children with Diabetes®
# Friends for Life®

Friends for Life® Fall 2021

## A Week of Virtual Celebration

November 9–14, 2021

#FFLFall21

# THE DEXCOM G6 LETS YOU SEE YOUR CHILD'S GLUCOSE NUMBERS ON YOUR SMARTPHONE.*†




Smart devices sold separately*

**PERMITTED FOR CHILDREN 2 YEARS AND OLDER.**

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**ZERO FINGERSTICKS.‡**

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Leeann R., Dexcom Warrior with diabetes and her mom.

*For a list of compatible devices, visit www.dexcom.com/compatibility.
†Separate Follow app required

‡If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

Brief Safety Statement: Failure to use the Dexcom G6 Continuous Glucose Monitoring System (G6) and its components according to the instructions for use provided with your device and available at https://www.dexcom.com/safety-information and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the G6 do not match symptoms, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

Dexcom and Dexcom G6 are registered trademarks of Dexcom, Inc. in the U.S., and may be registered in other countries

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LBL018668 REV001





A LETTER FROM

# CWD's President

One hundred years ago, the world changed.

One hundred years ago, Frederick Banting, Charles Best, James Collip, and James John Macleod gave us insulin.

Thirty-two years ago, our family's life changed.

Our twenty-four-month-old daughter was diagnosed with type 1 diabetes.

Insulin, just sixty-eight-years-old then, saved her.

Such small numbers—100, 32, 24, 68. Such incredible impact to uncounted millions.

We know that insulin is not a cure. We know that living with type 1 diabetes is challenging. We also know that coming together with other families to learn, to share, to laugh, and even to cry makes a profound difference in our lives. That is what Friends for Life is all about.

Since our first meeting in June of 2000, we've held ninety conferences with over 60,000 people in attendance, both in person and virtual. Our youngest Fiffle was just a couple weeks old. Our oldest was in his eighties. The bonds we've made, the friendships we've formed, have transformed our lives for the better and helped to make living with diabetes easier. Not easy. But easier.

As we begin our Friends for Life Fall 2021 conference, I look forward to next year and the return to the normalcy of in-person events. I look forward to meeting new Fiffles and old friends, to seeing green and orange bracelets on wrists, the awestruck wonder in a child's face when they see—for the first time—someone else with the same technology that they use, the smiles of parents watching their children's confidence grow before their eyes, the comradery our young adults share as they embark upon their dreams.

This is the meaning of Friends for Life.

We are so very happy you are with us.



*Friends for Life,*


**Jeff Hitchcock**

Founder & President
**Children with Diabetes**
jeffh@childrenwithdiabetes.com

**Nurses**Care
**Families**Care
**Neighbors**Care
**Researchers**Care
**Grocers**Care
**Doctors**Care
**Pharmacists**Care
**Teachers**Care
**Communities**Care
**EssentialWorkers**Care

**We**Care
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We're working hard to keep our insulin and other diabetes medicines available and affordable for the people who rely on them.

## If you need help paying for your Novo Nordisk insulin or other diabetes medicines during this time, we're here to help.

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Friends for Life® Fall 2021

# A Week of Virtual Celebration

November 9–14, 2021

Celebrating 100 Years of Insulin



| | TUESDAY (11/9) | WEDNESDAY (11/10) | THURSDAY (11/11) | FRIDAY (11/12) |
|---|---|---|---|---|
| | **KEYNOTE** | **BASICS** | **PSYCHOSOCIAL** | **ADVOCACY** |
| **6:00 PM EST** | | **Workout with Lauren Salko** Sponsored by Tandem Diabetes Care | | |
| **7:00 PM EST** | **Opening Keynote: Elizabeth Hughes, the Discovery of Insulin, & the Making of a Medical Miracle** with Arthur Ainsberg | **Back to Basics: Diabetes 101** with Kajal Gandhi, DO, MPH | **Navigating Diabetes Technologies & Sharing Data** with Julie Gettings, PhD | **Diabetes Advocacy in the U.S.** with Stewart Perry & George Huntley |
| **8:00 PM EST** | **Learn about early screening for type 1 diabetes (T1D)** with Provention Bio<br>**Company Corner** with Tandem Diabetes Care | **Carb Counting** with Constance Brown-Riggs, MSEd, RDN, CDCES, CDN | **Teamwork in Diabetes: Leveraging & Lending Diabetes-Related Support** with Jessie Wong, PhD | **Advocating for Your Child** with Leigh Fickling, JD & Jeff Karitis |

| | SATURDAY (11/13) | SUNDAY (11/14) |
|---|---|---|
| | TECHNOLOGY | CELEBRATION |
| **11:00 AM EST** | **Making the Most of Your Closed Loop System** with Daniel DeSalvo, MD | **A Celebration of 100 Years of Insulin** |
| **12:00 PM EST** | **Getting Insulin Into Your Body: Infusion Sets, Site Rotation & More** with Marissa Town, RN, BSN, CDCES | **Meet the CWD Team & FFL 2022 Updates** with Jeff Hitchcock, Laura Billetdeaux, Marissa Town & Matt Point |
| **1:00 PM EST** | | **Wait, Wait, Don't Poke Me** with Stacey Simms |



Lilly

DIABETES

Thank you Lilly Diabetes

**FOR SUPPORTING**

Friends for Life® Fall 2021

A Week of Virtual Celebration

November 9–14, 2021



## Jeff Hitchcock

**Jeff Hitchcock** is the Founder, President, creator, editor, and webmaster of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes to you. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC) and Beta Bionics.



## Laura Billetdeaux

A finicky connoisseur of hotel meeting space, cappuccino, and kid-friendly cheese and fruit platters, **Laura Billetdeaux** is CWD's VP of Education and Programs. Since the first CWD event in June 2000, Laura has organized Friends for Life conferences, always keeping in mind the true purpose of Children with Diabetes — education and support of families with type 1, and always keeping in mind why it all works – the efforts of so many dedicated individuals. Laura lives in Manchester, Michigan with her husband Neal. They are parents of Sam and Carolyn, who both serve as faculty at Friends for Life conferences as time allows.



## Matthew Point, MS

**Matthew (Matt) Point, MS**, serves as CWD's Director of Advancement. Matt is responsible for CWD's fundraising and development, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event – Friends for Life Orlando, to support his husband and CWD volunteer, Brian, who has lived with type 1 since his diagnosis in 2004 at the age of 15. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is the connections he's made with his "Type 3 Friends" - significant others of people living with type 1. Matt joined the CWD team full-time in 2021.



## Marissa Town, BSN, RN, CDCES

**Marissa Town, BSN, RN, CDCES**, has lived with type 1 diabetes for 31 years and has been coming to the Children with Diabetes Friends for Life conferences since the beginning in the year 2000. She realized early on that helping other people living with diabetes was what she wanted to devote her life to, so she became a nurse and a diabetes educator. Marissa has worked in a diabetes clinic, as a pump trainer, as a Clinical Research Manager at Stanford University in diabetes research and has recently started as the Clinical Director for CWD. Her main goal is to help improve peoples' quality of life and reduce barriers to quality healthcare. Marissa and her partner Adam have two young children, Connor and Everly, who also enjoy coming to Friends for Life to share their experiences growing up with a mom with type 1 diabetes. Marissa loves game nights, hiking with her dog Baxter, traveling (when it's not a pandemic), and crafting with her kids.



## Sasha Squibb

**Sasha Squibb** is a visual communication specialist with a focus in non-profit marketing, serving as CWD's Creative Director. Sasha was diagnosed with type 1 diabetes more than 25 years ago and in a previous role oversaw outreach and marketing initiatives for the T1D community across Southwest Ohio. She is highly passionate about providing education and support for people with T1D and their families.



## Beth Levering

**Beth Levering** is a part-time Project Manager and Administrative Assistant for Children with Diabetes. Beth was diagnosed with type 1 at the age of 21, shortly after graduating from the University of Cincinnati with a Communication degree. She is married and lives in the Cincinnati area and mom to three - two boys and a girl. Beth co-created a support group in the Northern Cincinnati area called "Sisterhood of the Defunct Pancreases" for adult T1 women. She enjoys spending time with her family, reading, spending time outdoors and traveling to new places.

Denotes CWD Staff member with diabetes



## Arthur Ainsberg

**Arthur Ainsberg** is a writer and a Wall Street executive. A veteran of the financial services industry, Mr. Ainsberg has served in senior management and consulting roles at Oppenheimer, Odyssey Partners, and Morgan Stanley. Mr. Ainsberg is also a scholar on the Endurance, the early 20th century expedition to Antarctica by Sir Ernest Shackleton. In 2008, he published his first book, *Shackleton: Leadership Lessons from Antarctica*, which highlights the most important leadership lessons to be learned from Shackleton's story. Mr. Ainsberg speaks and lectures frequently on the lessons of Shackleton's nearly 17 months at sea, including nearly 15 months stranded on an ice island.

Mr. Ainsberg has experienced his own medical challenges, having been diagnosed in 1975 at the age of twenty-eight with Hodgkin's Disease. At the time of his diagnosis, doctors had only recently developed a method of treatment that could cure the disease. His interest in medicine, born from personal experience, combined with his love of history, set him on the path to writing his book: *BREAKTHROUGH: Elizabeth Hughes, the Discovery of Insulin, and the Making of a Medical Miracle*, which St. Martin's Press published in September 2010.

Mr. Ainsberg continues to work in the financial sector. He is currently a member of the Board of Directors of Medley Capital Corp. and AG Mortgage Investment Trust. In 2009, Mr. Ainsberg was named the Chief Operating Officer for the Lehman Brothers Inc., In Liquidation Bankruptcy, which represents the largest and most complex bankruptcy in American history. A widely recognized securities expert witness, Mr. Ainsberg has testified in a number of securities fraud cases on issues involving due diligence, regulatory compliance, suitability, valuation, and securities damages.

Mr. Ainsberg received his BBA and MBA degrees in accounting and finance, respectively, from Baruch College and was a member of its Board of Trustees from 1995-2011. An avid traveler, Mr. Ainsberg has visited all fifty states and seventy-four countries on seven continents. He has also visited every baseball stadium and presidential museum in America. He currently resides in New York City, where he was born, educated, and has spent his entire career.

| | | |
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| **Tuesday** | **7:00 – 8:00 pm EST** | **Elizabeth Hughes, the Discovery of Insulin, and the Making of a Medical Miracle** |



## Constance Brown-Riggs, MSEd, RD, CDE, CDN

An award-winning registered dietitian, certified diabetes educator, and chair of the Diabetes Care and Education Practice Group of the Academy of Nutrition and Dietetics, **Constance Brown-Riggs, MSEd, RD, CDE, CDN**, is the author of the Diabetes Guide to Enjoying Foods of the World and The African American Guide to Living Well With Diabetes, which received the Favorably Reviewed designation from the American Association of Diabetes Educators. Learn more about her work at www.constancebrownriggs.com and follow her on Twitter and Instagram @eatingsoulfully and FB @LivingWellWithDiabetes.

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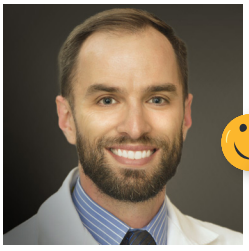
| **Wednesday** | **8:00 – 9:00 pm EST** | **Carb Counting** |



## Daniel DeSalvo, MD

**Daniel DeSalvo, MD,** (or Dr. Dan as his patients call him) is a pediatric endocrinologist at Baylor College of Medicine / Texas Children's Hospital where he serves as Director of Strategic Collaboratives. As a sophomore at Baylor University, his life changed forever when he was diagnosed with type 1 diabetes, which ultimately directed his career path. After graduating from Texas A&M College of Medicine, he completed Pediatric Residency at The George Washington University School of Medicine where he was appointed Chief Resident, followed by a Postdoctoral Fellowship in Pediatric Endocrinology at Stanford University. Now, as a pediatric endocrinologist his greatest passion is helping others live well with diabetes, and he considers it a remarkable privilege to shepherd families on their diabetes journey. He currently serves on the T1D Exchange Quality Improvement Collaborative, Beyond Type 1 Scientific Advisory Council, and College Diabetes Network Clinical Research Advisory Committee. As a patient-oriented clinical researcher, his primary focus is on emerging diabetes technology including closed-loop automated insulin delivery systems. Dr. Dan enjoys an active life, which includes running, cycling, swimming, skiing, hiking and playing sports with his two young boys!

| | | |
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| **Saturday** | **11:00 am – Noon EST** | **Making the Most of Your Closed Loop System** |



Denotes faculty member with diabetes



## Leigh Fickling, MEd, MS, JD

Collector of orange and green wristbands, **Leigh Fickling, MEd, MS, JD**, is the Executive Director of the Disability Management System at Duke University and Health System. With over 20 years of higher education administration experience, Leigh is an expert in college and workplace accommodations for individuals with disabilities. As a former solo legal practitioner, Leigh's law firm specialized in education law, disability law, and family law. Leigh is the mom to twins, Ava (green band) and Davis (orange band), and can most often be found in the FFL hallways shouting, "SLOW DOWN!" Leigh feels that FFL is the number one most important tool in her diabetes tool kit and can't imagine trying to dia-beat-this without the strong support from her friends for life. FFL Conferences are the highlight of the year for the Fickling family and they can't wait to welcome new and returning families into their circle of friends! #greenandorangeforlife

| | | |
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| **Friday** | **8:00 – 9:00 pm EST** | **Advocating for Your Child** |



## Kajal Gandhi, DO, MPH

**Kajal Gandhi, DO, MPH**, is an assistant professor of pediatrics and pediatric endocrinology at Nationwide Children's Hospital/ The Ohio State University in Columbus, OH. She is board certified in pediatrics and pediatric endocrinology, and completed her training in pediatric endocrinology from Texas Children's Hospital/Baylor College of Medicine. Her primary research interests include medical education, improving diabetes care and outcomes through quality improvement programs, as well as investigating ethnic/racial disparities in type 1 diabetes, to ultimately create a culturally sensitive diabetes education curriculum for medical providers and patients/families.

| | | |
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| **Wednesday** | **7:00 – 8:00 pm EST** | **Back to Basics: Diabetes 101** |



## Julie Gettings, PhD

**Julie Gettings, PhD**, is the clinical psychologist within the Division of Endocrinology & Diabetes at Children's Hospital of Philadelphia. Dr. Gettings works with youth and their families on improving adherence to diabetes management tasks, coping with chronic illness, improving family functioning surrounding illness management, and treating symptoms of mental health disorders. Prior to the current position, Dr. Gettings was the diabetes psychologist at Children's Hospital of Pittsburgh and served in a similar role. Dr. Gettings is involved in clinical research with a particular focus on mental health screening for youth with chronic illness.

| | | |
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| **Thursday** | **7:00 – 8:00 pm EST** | **Navigating Diabetes Technologies and Sharing Data** |



## George Huntley

**George Huntley** is a founding member of the Diabetes Leadership Council (DLC) and currently serves as the CEO of both the DLC and its affiliate, the Diabetes Patient Advocacy Coalition (DPAC). He has been living with type 1 diabetes since 1983 and has 3 other family members also living with type 1. A passionate advocate for people with diabetes, George served as the National Chair of the Board of the American Diabetes Association (ADA) in 2009. George is also the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., an IT and engineering professional services firm based in Indianapolis, Indiana, where he has been the plan administrator of a self-insured, employer based health plan for over 20 years. In addition, George serves as the Treasurer of Children with Diabetes.

| | | |
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| **Friday** | **7:00 – 8:00 pm EST** | **Diabetes Advocacy in the U.S.** |

Denotes faculty member with diabetes



## Jeffrey Karitis

**Jeffrey Karitis, CFP®, CEPA**, is a Senior Vice President Wealth Management and Portfolio Manager in New York City. He holds the CFP® (CERTIFIED FINANCIAL PLANNER™ professional) and CEPA (Certified Exit Planning Advisor) designations. He has been providing wealth management strategies for business owners, executives, and families since 1999. Jeff previously served as an analyst at Merrill Lynch Investment Banking, a Consultant for Merrill Lynch Alternative Investments, and a Special Assistant to the CFO & COO of a major children's book publisher and entertainment company. Jeff earned his Bachelor of Science degree in Finance and Marketing from University at Albany- State University of New York. Jeff, his wife Kimberly, daughter Madeline, son Max, and retired racing greyhounds Ginger, and Marshall live in Hudson Valley New York. He serves as Co-President of the JDRF Westchester/Fairfield/Hudson Valley chapter, on the Board of Directors of Temple Beth Jacob, and as the Chair of the Jewish Federation of Orange County Endowment Committee. Jeff's daughter Madeline was diagnosed with T1D in 2014 and they have been attending CWDFFL since 2016. He and his wife are passionate about improving the lives of people with diabetes and they support various local and global diabetes charities.

| Friday | 8:00 – 9:00 pm EST | Advocating for Your Child |
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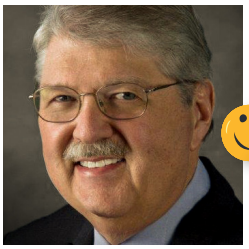

## R. Stewart Perry

**R. Stewart Perry** grew up in Lexington, Kentucky. Since 1983 he has been the co-owner of Perry & Perry State Farm Insurance, one of the largest State Farm Insurance agencies in the state of Kentucky and is a Diabetes Consultant and Advocate. Stewart's family has been dramatically affected by diabetes. His late son had type 1 diabetes, both parents, and sister have all had diabetes during their lifetime. He has lost an uncle, grandfather and great grandmother to complications of diabetes. Stewart was diagnosed with type 2 diabetes in 1990. Since that time, he has been actively involved in the American Diabetes Association. Stewart was the Chairman of the National Board of Directors and Chair of the National Advocacy Committee for five years, He was Chair Bluegrass Chapter for a number of years and helped organize many of the fundraising events still in existence. He served as the Kentucky Affiliate Board of Vice-Chair and was Chair-Elect when it became a part of the Southern Region where he served as the Chair of the Southern Region. He also is a former member of the National Board of Directors. He is the State of Kentucky State Advocacy Chair for ADA. Stewart is a member of the Kentucky Diabetes Network and a founding member of the Fayette County Diabetes Collation. Stewart was appointed by two different Governors of Kentucky to the GET FIT KY Board and The Diabetes Research Trust Fund Board where he currently still serves. Stewart is one of the founders of the National Diabetes Volunteer Leadership Council and currently serves as an officer of that organization where he has been instrumental in passing Diabetes Action Plan legislation in 18 states over the past four years. Stewart serves on the board of Children with Diabetes.

| Friday | 7:00 – 8:00 pm EST | Diabetes Advocacy in the U.S. |
|---|---|---|



## Marissa Town, BSN, RN, CDCES

**Marissa Town, BSN, RN, CDCES**, has lived with type 1 diabetes for 31 years and has been coming to the Children with Diabetes Friends for Life conferences since the beginning in the year 2000. She realized early on that helping other people living with diabetes was what she wanted to devote her life to, so she became a nurse and a diabetes educator. Marissa has worked in a diabetes clinic, as a pump trainer, as a Clinical Research Manager at Stanford University in diabetes research and has recently started as the Clinical Director for CWD. Her main goal is to help improve peoples' quality of life and reduce barriers to quality healthcare. Marissa and her partner Adam have two young children, Connor and Everly, who also enjoy coming to Friends for Life to share their experiences growing up with a mom with type 1 diabetes. Marissa loves game nights, hiking with her dog Baxter, traveling (when it's not a pandemic), and crafting with her kids.

| Saturday | Noon – 1:00 pm EST | Getting Insulin into your Body: Infusion sets, Site Rotation, and More |
|---|---|---|



## Jessie J. Wong, PhD

**Jessie J. Wong, PhD**, is a licensed psychologist and clinical scientist in Stanford University's Department of Pediatric Diabetes and Endocrinology. She received his PhD in clinical psychology from Arizona State University and completed postdoctoral fellowships in health services research at the VA Palo Alto/Stanford University and pediatric psychology at Stanford University. Dr. Wong is the recipient of a K23 Patient-Oriented Research Career Development Award from NIDDK. Her research and clinical interests focus on the intersection of physical and mental health among children and adolescents with diabetes as well as interventions to improve the quality of life among these children and adolescents and their families.

| Thursday | 8:00 – 9:00 pm EST | Teamwork in Diabetes: Leveraging and Lending Diabetes-Related Support |
|---|---|---|



Denotes faculty member with diabetes




Pod shown without the necessary adhesive.

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*Terms and conditions apply. Visit Omnipod.com/CWD for details. **Average calculated based on a consumption of ten (10) Pods per month. 131,049 paid claims between 01/01/20 and 12/31/20, both for commercial plans and Medicare, were analyzed. Actual co-pay amount depends on patient's health plan and coverage, they may fluctuate and be higher or lower than the advertised amount on a monthly basis. Source: Data on file. †The Pod has a waterproof IP28 rating. The PDM is not waterproof. ©2021 Insulet Corporation. INS-ODS-06-2021-00130 V3.0

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Ever since we introduced the first commercial insulin in 1923, **Lilly Diabetes** has been a global leader in diabetes care. Today, Lilly continues to develop innovative products, programs, and resources to help people with type 1 diabetes. For more than a decade, Lilly has been a proud Platinum Sponsor of the Friends for Life conference.

Join us at our new booth to see all the ways we support the type 1 community and how your family can get involved with all the programs Lilly Diabetes supports. We have redesigned our booth this year to include more interactive experiences for all ages. Being at Friends For Life is a fun, learning experience. Come share some time with us in the Lilly Diabetes booth.

Find out how Lilly Diabetes can help your family at **LillyDiabetes.com**. Take a look at Coco's adventures and learn from other families with type 1 diabetes at T1EverydayMagic.com. Follow us on social media: Facebook: T1EverydayMagic, Lilly Diabetes. Twitter: @LillyDiabetes. Instagram: T1EverydayMagic.

# Founding Sponsors



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In 1923, the founders of **Novo Nordisk** began a journey to change diabetes. Today, we are thousands of employees across the world with the passion, the skills and the commitment to continue this journey to prevent, treat and ultimately cure diabetes. Novo Nordisk is proud to once again be a Platinum Level Sponsor of the Friends for Life conference, supporting the Family and Friends Banquet and Sports Central. Please come see us at the exhibition to learn more about our type 1 support program, our new camp program and be among the first to learn about the first and only durable insulin pen with 0.5 unit doing and memory function - NovoPen Echo®. To learn more about Novo Nordisk and our support to the type 1 diabetes community visit us at **www.novonordisk-us.com**.

# Founding Sponsors




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**Dexcom, Inc.**, headquartered in San Diego, CA, is dedicated to developing innovative glucose sensing technology and products to help patients and healthcare providers better manage diabetes. The Dexcom G6™ Continuous Glucose Monitoring (CGM) System does not require fingersticks for calibration or diabetes treatment decisions* and features simple, one-touch sensor insertion. The System provides exceptional accuracy with an overall MARD of 9.0%† and features an Urgent Low Soon alert that can warn users 20 minutes in advance of severe hypoglycemia (55 mg/dL). Dexcom is the only provider of CGM systems indicated for children ages 2 years and older. Please visit **www.dexcom.com**.

*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.
†MARD is a statistical measure of accuracy; the lower the number, the better.

# Supporting Sponsors




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**Tandem Diabetes Care, Inc.** is a medical device company dedicated to improving the lives of people with diabetes through relentless innovation and revolutionary customer experience. The Company takes an innovative, user-centric approach to the design, development and commercialization of products for people with diabetes who use insulin. Tandem manufactures and sells the t:slim X2 insulin pump with Control-IQ technology. The t:slim X2 pump is capable of remote feature updates using a personal computer. Tandem is based in San Diego, California.

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**Insulet Corporation** (NASDAQ: PODD), headquartered in Massachusetts, is an innovative medical device company dedicated to making the lives of people with diabetes and other conditions easier through the use of its Omnipod® product platform. The Omnipod® Insulin Management System provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet also leverages the unique design of its Pod, by tailoring its Omnipod® technology platform for the delivery of non-insulin subcutaneous drugs across multiple therapeutic areas. Founded in 2000, more than 140,000 users across the globe rely on Insulet's Omnipod® Insulin Management System to bring simplicity and freedom to their lives. For more information, visit **www.myomnipod.com**.

# Friends of CWD

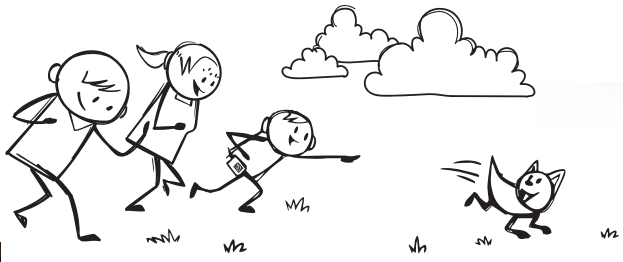



proventionbio

**Provention Bio, Inc**. (Nasdaq: PRVB) is a biopharmaceutical company focused on advancing the development of investigational therapies that may intercept and prevent debilitating and life-threatening immune-mediated disease. The Company's pipeline includes a late-stage product candidate for type 1 diabetes (T1D) as well as clinical drug candidates in other autoimmune diseases, including celiac disease and lupus. We are proud to be part of the T1D ecosystem and are committed to bringing awareness to the importance and urgency of screening people with a family history of T1D for early-stage disease. Visit ProventionBio.com for more information or follow us on Twitter: @ProventionBio.

Beta Bionics™

**Beta Bionics** is a public benefit corporation and certified B corp. committed to commercializing the iLet® bionic pancreas. We're a people-focused company, here to serve the wider diabetes community. We want to make a difference and aim to improve the lives of people living with diabetes and hope to reduce the data and decision-making overload that PWD and their caregivers often deal with. To learn more about Beta Bionics, our team and our mission visit us at **www.betabionics.com** and @BetaBionics on social media.



TANDEM DIABETES CARE



*Emma*
diagnosed 2015

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A free virtual pump demo

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**Important Safety Information:** RX ONLY. The t:slim X2 pump and Control-IQ technology are intended for single patient use. The t:slim X2 pump and Control-IQ technology are indicated for use with NovoLog or Humalog U-100 insulin. t:slim X2 insulin pump: The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The t:slim X2 pump is indicated for use in individuals six years of age and greater. Control-IQ technology: Control-IQ technology is intended for use with a compatible integrated continuous glucose monitor (iCGM, sold separately) and ACE pump to automatically increase, decrease, and suspend delivery of basal insulin based on iCGM readings and predicted glucose values. It can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. Control-IQ technology is intended for the management of Type 1 diabetes mellitus in persons six years of age and greater.

**WARNING:** Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in patients who require less than 10 units of insulin per day or who weigh less than 55 pounds.

Control-IQ technology is not indicated for use in pregnant women, people on dialysis, or critically ill patients. Do not use Control-IQ technology if using hydroxyurea. Users of the t:slim X2 pump and Control-IQ technology must: use the insulin pump, CGM, and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts, alarms, and reminders. The t:slim X2 pump and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit www.tandemdiabetes.com/safetyinfo for additional important safety information.

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# Made with humanity™



To our
Friends For Life,

We all wish that we could be there in person this year, but we're incredibly excited to share our new branding with you instead.

You have been part of our journey from the very beginning, and we wanted to unveil everything to you first!

Thank you for your continued support, and we cannot wait to see you again soon!

All the best from our family to yours,

The Beta Bionics Team.

Beta Bionics™

# Making a Difference
## WITH CWD




## 100 Years of Us, 100 Days to $100,000

This year, 2021, marks a significant anniversary for the world and the insulin-dependent community; it has been 100 years since the discovery of insulin. Friends for Life began 22 years ago when Laura Billetdeaux asked CWD families if they wanted to vacation together. That gathering turned into the conference it is today. Friends for Life is not just for children. Friends for Life brings together all kinds of people affected by diabetes, providing support and education for children, adults, caregivers, spouses, and friends. There's no limit to our community, or to the inspiration you'll find here. 100 Years of Us, CWD's campaign in celebration of the anniversary, runs through this Sunday, November 14, 2021. Visit Cwd.is/100Years to learn more and to make a gift today!

## The CWD Fiffle Circle

The Fiffle Circle is CWD's individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the $10,000 level. The Fiffle Circle recognizes members upon reaching each level with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD's annual report and in conference programs.




### Fiffle Circle Levels of Giving

**$10,000** **Fiffle Circle:** *Fiffle Circle Lapel Pin and CWD Challenge Coin*
**$25,000** **Partner's Circle:** *Bronze CWD Challenge Coin*
**$75,000** **President's Circle:** *Silver CWD Challenge Coin*
**$150,000** **Chairman's Circle:** *Gold CWD Challenge Coin*
**$500,000** **Diamond Circle:** *Diamond Embellished CWD Challenge Coin*

## Ways to Help Us Grow

### Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least $5, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's annual report and in Friends for Life conference programs. Sign up now at **CWD.is/BTS**.

### Make an Individual Gift

CWD is led by science and empowered by your support. Help us bring our mission of education and inspiration to life with a gift today at **cwd.is/donate**.

### Social Media for Social Good

Instagramming your advocacy? Facebook posts for birthday fundraisers? We're using social media to make a difference in the community. Check out the CWD Facebook page for more details at **facebook.com/cwdiabetes**.

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**FOR SUPPORTING**

Friends for Life® Fall 2021

A Week of Virtual Celebration

November 9–14, 2021



# Upcoming FFL Conferences

Mark your calendars for these upcoming Friends for Life events!

## 2022

Friends for Life Indianapolis 2022 at the Crowne Plaza
**Indianapolis, Indiana | April 1-3, 2022**

Friends for Life Orlando 2022 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 5-10, 2022**

Friends for Life College Park 2022 at the College Park Marriott
**Hyattsville, Maryland | October 7-9, 2022**

## 2023

Friends for Life Seattle 2023 at the Renaissance Seattle
**Seattle, Washington | March 17-19, 2023**

Friends for Life Orlando 2023 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 4-9, 2023**

Friends for Life White Plains 2023 at the Sonesta White Plains
**White Plains, New York | October 6-8, 2023**

## Future Dates for Friends for Life Orlando

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 9-14, 2024**

Friends for Life Orlando 2025 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 8-13, 2025**

Friends for Life Orlando 2026 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 7-12, 2026**

Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
**Lake Buena Vista, Florida | July 6-11, 2027**









# Thank You

Thank you to our generous sponsors for making Friends for Life® Fall 2021 —A Virtual Week of Celebration possible.

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