FFL Anaheim Adult Program

FRIDAY, OCTOBER 30

7:00 – 9:00	Pick up your program, t-shirt, name badge, and wristbands at Registration outside of Magic Kingdom West Foyer, then head to Magic Kingdom Ballroom 4 to enjoy light bites, refreshments, and a cash bar with our Exhibitors.

SATURDAY, OCTOBER 31

	Magic Kingdom Ballroom 2	Magic Kingdom Ballroom 3	Magic Kingdom Ballroom 1
8:00 – 9:00	Buffet Breakfast in Magic Kingdom Ballrooms 2+3		
9:00 – 10:00	**Opening Keynote - Living Beyond the Limits: Dreams, Grit, and Life with T1D** Erika Forsyth, LMFT & Kevin Hansen		
10:00 – 11:00	Exhibits Open in Magic Kingdom Ballroom 4		
10:15 - 10:50	First Timers Coffee Break Sponsored by Abbott in Magic Kingdom Ballroom 1		
11:00 – 12:00	**Thrive With It: Advocating for the Life You Want** Danica Collins, MS, NBC-HWC	**A Hands-on Experience with FreeStyle Libre 3 Plus sensor and AID Pump Systems** *Sponsored by Abbott*	**Skeletons in the Diabetes Closet: Adults with Diabetes Discussion** Erika Forsyth, LMFT & Kyle Rose
12:00 – 1:30	Buffet Lunch on the Adventure Lawn		
1:30 – 2:30	**A Frightfully Simply Guide to Advocacy** Amanda Kaufman & Jake Johnston	**The Life of a Low Girl LIVE: What to Tell Your Family Group Chat: T1D Risk** *Sponsored by Sanofi*	**Day of the Dads (DOFFLs meetup)** Benny Loebner & Kyle Zigweid
2:30 – 3:30	Snack Break and Exhibits Open in Magic Kingdom Ballroom 4		
3:30 – 4:30	**Bubble, Bubble, Bolus & Trouble: Tricky Pump Scenarios** Jamie Wood, MD	**Optimizing your Pump(kin) Settings** Alanna Landry, RN, CDE	**We've Got This. Mostly. A MOFFLs Conversation** Natalie Zigweid *Sponsored by Abbott*
8:00 - 10:00	Scare-E-Oke, Snacks, Trick-or-Treat and Drinks sponsored by Abbott in Magic Kingdom Ballrooms 2+3		

SUNDAY, NOVEMBER 1

	Magic Kingdom Ballroom 2	Magic Kingdom Ballroom 3	Magic Kingdom Ballroom 1
8:00 – 9:00	Buffet Breakfast in Magic Kingdom Ballrooms 2+3		
9:00 – 10:00	**Screening and Prevention in T1D** Jamie Wood, MD	**Adjunctive Therapies** Rayhan Lal, PhD, MD, MPH	**Partners in Fright: Significant Others Discussion** Dan Knox & Diana Naranjo, PhD
10:00 – 11:00	Exhibits Open in Magic Kingdom Ballroom 4		
11:00 – 12:00	**Tricks, Treats & Blood Sugar Surprises** Cordelia Running, PhD	**Haunted by the Highs & Lows: Parenting a Child With T1D** Jessie Wong, PhD	**Stage 1 and 2 Discussion** Emily King, MD, MS, FAAP, DABP & Natalie Zigweid
12:00 – 1:00	Buffet Lunch on the Adventure Lawn		
1:00 – 2:00	**From Mile 1 to 100: Effective Exercise Strategies for All** Lauren Plunkett, RDN, LD, CDCES	**Preparing for Pump Failures** Jennifer Min, PhD, CPNP-PC, CDCES, RN	**Dealing with the T1D Scaries (Distress & Burnout)** Diana Naranjo, PhD
2:00 – 2:30	Snack Break in Magic Kingdom Foyer		
2:30 – 3:30	**Closing Keynote - Our Most Sacred Duty - Protecting the Next Generation** Rayhan Lal, PhD, MD, MPH		

FFL Anaheim Youth Program

SATURDAY, OCTOBER 31

	Kiddie Kove B Ticket	Elementary Castle A/B/C	Tween Monorail A/B/C	Teen Sleeping Beauty Pavilion
8:00 – 9:00	Buffet Breakfast in Magic Kingdom Ballrooms 2+3			
9:00 – 10:00	**Welcome Kiddie Kove Friends**	**Ice Breakers: Get to Know the Elementary Crew**	**Ice Breakers: Get to Know the Tweens**	**Icebreakers & Scavenger Hunt**
10:00 – 11:00	Exhibits Open in Magic Kingdom Ballroom 4			
11:00 – 12:00	**Fall Fun with Sport Central**	**Creative Arts Session**	**Music Mania: Guess the Movie, Song, or Artist**	**Everything is Fine, Why am I Crying?** Jessie Wong, PhD
12:00 – 1:30	Buffet Lunch on the Adventure Lawn			
1:30 – 2:30	**Pumpkin Decorating**	**Sports Central: Active Play and Friendly Competition**	**Create Your Superhero: Powers, Costumes, and Identity** Jessie Wong, PhD	**Diabetes Kahoot: Test Your Knowledge** Alanna Landry, RN, CDE
2:30 – 3:30	Snack Break and Exhibits Open in Magic Kingdom Ballroom 4			
3:30 – 4:30	**Story Time and Fall Scratcher Art**	**Fun with Food: Exploring Healthy Eating**	**Sports Central: Let's Get Moving**	**Would You Rather: Diabetes Edition**
8:00 - 10:00	Scare-E-Oke, Snacks, Trick-or-Treat and Drinks sponsored by Abbott in Magic Kingdom Ballrooms 2+3			

SUNDAY, NOVEMBER 1

	Kiddie Kove B Ticket	Elementary Castle A/B/C	Tween Monorail A/B/C	Teen Sleeping Beauty Pavilion
8:00 – 9:00	Buffet Breakfast in Magic Kingdom Ballrooms 2+3			
9:00 – 10:00	**Welcome Back Kiddie Kovers**	**Team Challenge: Scavenger Hunt**	**Games With a Diabetes Twist**	**Sports Central: Let's Get Moving**
10:00 – 11:00	Exhibits Open in Magic Kingdom Ballroom 4			
11:00 – 12:00	**Fall Stretch and Move**	**The Elementary Games**	**Core Memories Loading: What Makes You, You** Diana Naranjo, PhD	**Tech Solutions** Kathryn Alvarez, MS, ACSM-CEP, CDCES & Alanna Landry, RN, CDE
12:00 – 1:00	Buffet Lunch on the Adventure Lawn			
1:00 – 2:00	**Festive Sticker Art**	**Get Connected: Special Sessions for Orange + Green Bands** Jessie Wong, PhD	**Sports Central: Let's Get Moving**	**Downtown Disney Teen Team Challenge**
2:00 – 2:30	Snack Break in Magic Kingdom Foyer			
2:30 – 3:30	**Farewell Fall Friends**	**Our FFL Scrapbook: Creating Memories and Keepsakes**	**Craft Session: Letters to My Future Self**	**Teen's Explore Downtown Disney & Wrap Up at Hotel**