

100 Years of Us

CWD Celebrates the Discovery of Insulin

Children with Diabetes®
2021 ANNUAL REPORT



OUR MISSION

Children with Diabetes focuses on **care today**, so we are ready for a **cure tomorrow**. As a global resource, we provide **support, education and inspiration** to empower families and all people living with diabetes to enjoy healthy, enriched lives.



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A LETTER FROM CWD's President

Welcoming the first day of 2021 brought us all a glimmer of optimism. Just over two weeks before, on December 14, 2020, a nurse in New York received the first coronavirus vaccine given outside of a clinical trial. A potent weapon in our battle against COVID-19 was fielded. We began to entertain the possibility of a return to in-person activities—dining out, attending concerts, and joining our Fiffles at Friends for Life conferences.

Mid-March proved too soon to get together, so we delivered our third virtual conference, Friends for Life: Spring Refuel 2021, the weekend of March 19-21. The numbers were good: 529 registrants from 11 countries, 198 first timers, and 263 attendees with type 1 diabetes. The program was robust, with experts delivering 19 sessions for parents and adults and our incredible youth staff delivering 18 youth programming sessions. Our sponsors stuck with us too—a testament to their commitment to our families during COVID-19. But we knew that something was missing—and that was the human touch of being together.

In April, a team from CWD traveled to Orlando to meet with a team from Disney to plan how to deliver a safe Friends for Life Orlando 2021 conference. Through our combined and thorough COVID-19 mitigation protocols, CWD and Disney were able to prepare a plan that prioritized the health and safety of our community. This gave us confidence that FFL Orlando 2021 could be held, bringing our families the much-needed human connection that helps us all to thrive.

In July 2021, 968 people joined us in Orlando, less than half the usual numbers in keeping with distancing protocols set in place in April. Almost 300 were first timers, and 304 attendees reported living with type 1 diabetes. Remarkably, 85% also reported being fully vaccinated, providing additional confidence in our ability to deliver the conference safely. In the end, we did just that. We had no reported cases of COVID-19 from those who participated in FFL Orlando 2021.

Then came the Delta Variant, changing everything.

Our plans to hold a regional conference in White Plains, New York were scuttled. It wasn't safe—Delta was too contagious and our youngest Fiffles remained ineligible for vaccination. We knew families were tired—tired of restrictions, tired of Zoom, just tired. Instead of a traditional three-day regional conference, we held Friends for Life Fall 2021 - A Week of Virtual Celebration from November 9-14, leading up to World Diabetes Day 2021 and the 100th anniversary of the discovery of insulin. With just one or two sessions each day, over 400 people from 16 countries joined us. The virtual conference culminated in a celebration video on Sunday, November 14th, with a reminder of the incredible gift that is insulin, and a reminder of the importance of our Friends for Life community, especially in these trying times of COVID-19.

We ended the year as we began, with a glimmer of optimism. Vaccines had become available for more of us, and the prospect of 2022 brought with it the possibility of a return to the togetherness, support, and comfort of Friends for Life.

Friends for Life,



Founder and President

Children with Diabetes

jeffh@childrenwithdiabetes.com

After two years apart, we returned to Orlando for Friends for Life, thanks to the power of science. With science came vaccines, with vaccines came immunity, with immunity came community, and with community came the *magic of Friends for Life.*

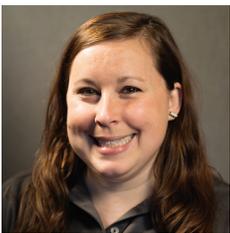
CWD Staff and Board of Directors



Jeff Hitchcock is the Founder and President of Children with Diabetes. He started CWD in June of 1995 to share his family's experience caring for a child with type 1 diabetes. He and his wife, Brenda, are forever grateful for the families from CWD and Friends for Life who have helped so many people to live well with type 1 diabetes.



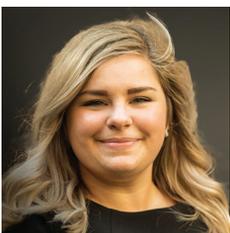
Laura Biletdeaux is CWD's Vice President of Education and Programs. Since 2000, Laura has organized every single US-based Friends for Life conference, always keeping in mind the true purpose of Children with Diabetes—education and support of families with type 1, and always keeping in mind why it all works—the efforts of so many dedicated individuals.



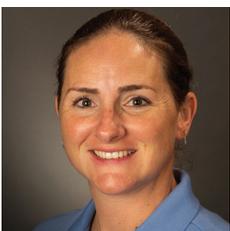
Marissa Town, BSN, RN, CDCES is the Clinical Director, overseeing the medical content on CWD's website and directing programming at FFL conferences. She was diagnosed with type 1 when she was 24 months old and grew up attending FFL conferences since the beginning in 2000. Marissa has worked in a diabetes clinic, as a pump trainer, and most recently is working as a Clinical Research Manager at Stanford University on the artificial pancreas team, as well as on other research studies.



Matthew Point, MS serves as CWD's Director of Advancement. Matt is responsible for CWD's fundraising and development, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event—Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.



Sasha Squibb is a visual communication specialist with a focus in non-profit marketing. She serves as CWD's Creative Director, overseeing social media, *The Weekly Diabetes* newsletter and all graphic design. Sasha was diagnosed with type 1 diabetes more than 25 years ago and in a previous role oversaw outreach and marketing initiatives for the T1D community across Southwest Ohio. She is highly passionate about providing education and support for people with T1D and their families.



Beth Levering is a part time Project Manager and Administrative Assistant for Children with Diabetes. She holds a BA in Communication from the University of Cincinnati and is a homeschool mom of three. Beth was diagnosed with type 1 diabetes at the age of 21. Her favorite part of being in the CWD community has been getting to know people from across the globe and the instant connections because of T1D.

CWD Board of Directors

Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired)

Chairman of the Board

Michael R. Swearingen

Vice Chairman

Joan Bardsley, MBA, RN, CDE, FAADE

Secretary

George Huntley

Treasurer

Jeff Hitchcock

Cynthia M. Deitle, JD, LLM

Lynda K. Fisher, MD

Melissa Geren

Edward T. Hawthorne

George Grunberger, MD, FACP, MACE

R. Stewart Perry

Kenny Rodenheiser, BSN, RN, CDCES

Cherise Shockley



A LETTER FROM CWD's Vice President

Smiles and hugs. That's what I missed most during the dark pandemic years of 2020 and 2021.

From the safety and solitude of my improvised dining room office, I watched with so much pride how the CWD team stepped up to bring us all together. Virtual Friends for Life conferences. Screenside chats. Impromptu online get-togethers. There was even a group called the MoFFLs (mothers of Friends for Life) who gathered online every other Monday evening for a beverage and Zoom catch-up. They still do.

What was missing, though, was being with each other in person. Zoom simply didn't hold a candle to the real thing

In November 2020, Jeff and I discussed what we should do about FFL Orlando 2021. The options for holding something in-person still looked pretty dismal, and we began planning for another virtual conference. Our amazing sponsors were behind us 100%—whatever we could do to bring FFL to families, they would support. We were disappointed, but started planning.

Then, December came, along with the appearance of COVID-19 vaccines. By January, February, and March, vaccines were more widely available to the public, and we wondered if enough people would be vaccinated by summer to make an in-person event a possibility. In April, we brought a team of 50 FFL leaders and CWD Board members to Orlando. We met with Disney management to discuss how we could hold FFL in person in July. We talked about Disney's robust COVID-19 mitigation guidelines and how we could work with those in the context of our usual conference activities.

We determined we could do it. Some things would be different, but we could definitely do it. Game on!

Since that April decision, we have been planning and modifying, again and again. We held a most spectacular FFL – in person – in July. It was simply magnificent to be together. All the hugs and smiles – and tears – we'd been missing for the past year and a half came pouring out.

For 2022, we are enthusiastically planning for all of our conferences to be in person. Do we still need to be cautious? Yes, of course. Safety is paramount. Can we still be together, in person, under the same roof? Most definitely. We're on the road back, and I hope that you'll join us on the journey!

Friends for Life,

Laura Billedeau



Vice President of Education and Programs
Children with Diabetes
laurab@childrenwithdiabetes.com

The Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least \$10, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's conference and annual publications. You can become a member of the Better Together Society today and join the ranks of the members listed below by registering now at CWD.is/BTS.



Better Together Society Members

The Abel Family
Mary Babin
Joan K. Bardsley
Carolyn Billetdeaux
Laura Billetdeaux
Sam Billetdeaux
Teresa Brandt
Chelsea Carr
Leslie Collins
Robert and Donna Cope

The Deitle Norris Family
Jimmy and Liz Dodson
Leigh Fickling
Mark Fox
Tina Ghosn
Parker Grand
Brian Grant and Matthew Point
Tina Hammer
Jeff and Brenda Hitchcock
George Huntley

Hannah Klippel
Rachel Knight
Lauren Lanning
Ashlyn Mills
The Moritsugu Family
The O'Dell Family
Hannah Opdenaker
Stewart Perry
Kenneth Rodenheiser
Deborah Ruppert

Carla Scott
Kerri Sparling
Sasha and Jordan Squibb
Joanne Stroud
Natalie Toomey
Marissa Town
Melissa Waits



CWD Fiffle Circle

The Fiffle Circle is CWD’s individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the \$10,000 level. The Fiffle Circle recognizes members upon reaching each level with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD’s annual report and in conference programs.

Fiffle Circle Levels of Giving

\$500,000

DIAMOND CIRCLE

Diamond Embellished CWD Challenge Coin

\$150,000

CHAIRMAN’S CIRCLE

Gold Clad Solid Silver CWD Challenge Coin

\$75,000

PRESIDENT’S CIRCLE

Silver CWD Challenge Coin

\$25,000

PARTNER’S CIRCLE

Bronze CWD Challenge Coin

\$10,000

FIFFLE CIRCLE

Fiffle Circle Lapel Pin and CWD Challenge Coin



Fiffle Circle Members

Chairman’s Circle

Anonymous Family +
Insulet Leadership Team +

+ denotes a major gift donation in 2021 or earlier

President’s Circle

Anonymous Family +
Helen Finegold and Will Nowak +
George and Judy Huntley +
Kevin and Mimi Sayer +

Partner’s Circle

Anonymous Family +
Stewart Perry +
Miriam Stoddard +

Fiffle Circle

The Abel Family
Anonymous
The Deitle Norris Family +
Gigliola and Edward Hawthorne +
Al and Sue Johnson
The Karitis Family
Teresa and Troy Littlefield
The Lukhard Family
The Merwin Family
The Moritsugu Family



(Left) 2017 CWD Fellows Program participants. The CWD-ISPAD Fellow Programs builds on the existing CWD Fellows Program that is offered annually at Friends for Life conferences in Orlando.

2021 Awards and Collaborations

ISPAD Hero Award 2021

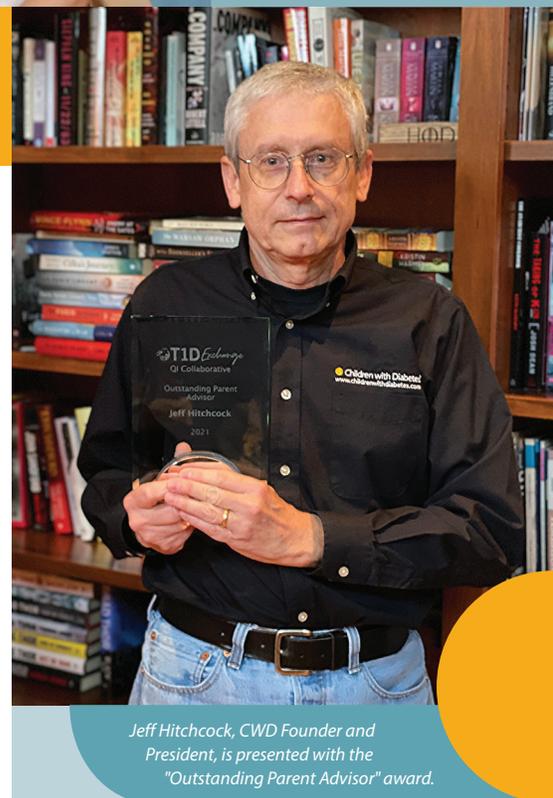
Jeff Hitchcock, CWD's founder and president, received the ISPAD® Hero Award for 2021. This award identifies and honors non-clinicians from around the world who have developed projects with a broad impact, thus contributing to improving and transforming the lives of many young people with diabetes. Past Hero Award winners include David Panziner of the The Leona M. and Harry B. Helmsley Charitable Trust (2019) and Lee Ducat and Carol Lurie, founders of JDRF.

CWD-ISPAD Fellow Program

Children with Diabetes supports the CWD-ISPAD Fellow Program, which brings a member of the ISPAD JENIOUS** Group to Friends for Life Orlando to present their research. Marissa Town, BSN, RN, CDCES, and CWD's Clinical Director, joined ISPAD leaders in selecting the winner of the 2021 award, Dr. Arkadiusz Michalak from Poland. Dr. Michalak, who lives with type 1 diabetes, will attend Friends for Life Orlando 2022 to present his work on alcohol and type 1 diabetes in young adults.

Children with Diabetes and the T1D Exchange QI Program

For several years, Jeff Hitchcock, CWD's founder and president, has co-lead the T1D Exchange Patient-Parent Advisory Board, part of a nationwide quality improvement program overseen by the T1D Exchange. In recognition of his efforts, Jeff received the "Outstanding Parent Advisor" award during their fall meeting.



Jeff Hitchcock, CWD Founder and President, is presented with the "Outstanding Parent Advisor" award.

* International Society for Pediatric and Adolescent Diabetes

** Juniors in Educational Networking and International Research Opportunities United Sessions

BY THE NUMBERS...

529
Total Registrants



11 Countries
Represented by Attendees



USA, Canada, Chile,
Colombia, Ecuador,
France, Korea,
Lebanon, Mexico,
Nigeria & UK



198 First Timers

18
Youth
Program
Sessions



A Virtual Conference

Friends for Life®
Spring 2021

March 19-21, 2021

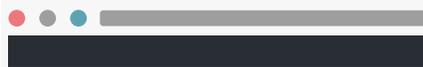


www.childrenwithdiabetes.com

263
Attendees
with **type 1**
diabetes

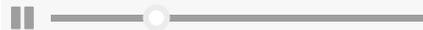


13 Social Events



Learn more at:
www.childrenwithdiabetes.com

Follow us on social media at:
[@cwdiabetes](https://twitter.com/cwdiabetes)



19
Sessions
for Parents
& Adults



“ Great to hang out at the end of the conference. I feel like I got to know some folks and have pleasant conversations. It's nice to have that connection and I hope I'll get to again sometime. Thank you for this conference! I came in with a lot of shyness and worry but I'm leaving quite happy.

– FFL Spring Refuel attendee ”



Wickline Family golf outing which raised more than \$6,000 for the FFL Scholarship Fund

The Friends for Life Scholarship Fund

Each year, a group consisting of CWD volunteers, board members, and staff review written applications for scholarships to attend the Friends for Life Conferences. In 2021, CWD brought 71 individuals, consisting of 29 families and groups to Friends for Life Orlando on full scholarships. Scholarships cover the cost of registration for up to four people and the cost of a hotel room at the venue from Tuesday through Sunday. For 2022, a Young Adult scholarship will cost more than \$2,600, and it will cost Children with Diabetes more than \$5,300 per family of four.

In 2021 CWD provided scholarships to

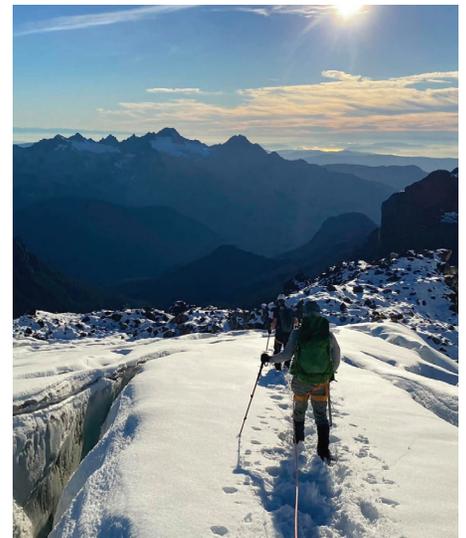
29 families consisting of **71** individuals

Cost of scholarships in 2022 to CWD

Young Adult Scholarship: **\$2,600** • Family Scholarship: **\$5,300**

Unfortunately, more than one-third of those who applied for scholarships in 2021 did not receive one, and we anticipate even more scholarship need in 2022 and beyond. The number of scholarships that Children with Diabetes can provide is solely based on donations made to CWD's scholarship fund—you can learn more, and give now, at cwd.is/donate. CWD's Friends for Life conference scholarship program changes lives for people who, in many cases, would not be able to attend. In 2021, Friends for Life Orlando was the first in-person diabetes event or program that a scholarship family attended, since diagnosis, due to COVID-19.

A major source of funding for Friends for Life scholarships are the fundraisers that our community hosts for us. In 2021, our friends Darin and Don from Dexcom, Inc. hosted their annual "Climbing for a Cause" fundraiser. They raised more than \$40,000 to support scholarships for Friends for Life Orlando 2022. As part of the **100 Years of Us** campaign, the Wickline Family hosted a golf outing which generated more than \$6,000. Lastly, more than \$4,000 was raised by our Fiffles (Friends for Life), Deb and Rich, by holding auctions for an Apple Watch and Rich's homemade decorative bowls. Thank you so much to everyone who hosted fundraisers to help support our scholarship fund – we could not do what we do without friends like you! You can learn more about fundraising for Children with Diabetes and the Friends for Life Conference scholarship fund at cwd.is/fundraising.



Our friends from Dexcom, Don and Daring "climbing for a cause". Don's daughter and Darin were both diagnosed with type 1 diabetes as children



Hand-crafted bowl created by Rich Ruppert to raise funds for the 100 Years of Us campaign

CWD is led by science and is truly powered by your support.

BY THE NUMBERS...

968 Registrants



2 Countries
41 US States



US, Canada
Including D.C.
& Puerto Rico

304

Attendees
with **type 1**
diabetes



44
Sessions
for Parents
& Adults

13 Meet Ups

Moms, Dads, Significant Others,
Young Adult, LGBTQ, Loop



299 First Timers

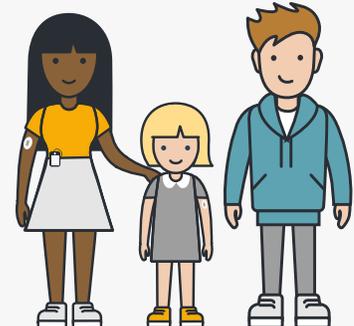
12 Focus Groups



15 Social Events



12 Youth Program
Sessions



“ After two years apart, we returned to Orlando for Friends for Life, thanks to the power of science. With science came vaccines, with vaccines came immunity, with immunity came community, and with community came the magic of Friends for Life.

– **Jeff Hitchcock**, President of CWD ”

100 Years of Us, 100 Days to \$100,000



The year 2021 marked a significant anniversary for the world and the insulin-dependent community; it has now been 100 years since the discovery of insulin.

Children with Diabetes' 2021 fall fundraising campaign, **100 Years of Us**, was designed to provide support for the Friends for Life Conferences and Scholarship Fund. We wanted to use this milestone anniversary to recognize everything we can do as a community—whether it's riding a bike, running a race, knitting gloves, painting, or even starring in a musical on Broadway; diabetes does not and will not hold us back.

Within our community, every story matters. Each week throughout the campaign, CWD featured stories from you, our community. Through these stories, we showed just how much you can thrive with diabetes. All of these stories were shared on our website and social media channels. You can access these stories at cwd.is/stories.

The Impact

Grossing more than \$146,000 to support CWD's flagship Friends for Life conferences, **100 Years of Us** was CWD's most successful fundraising campaign to date.

By supporting this campaign, you gave the gift of the continuation of Friends for Life (FFL). Friends for Life began more than 22 years ago when Laura Billetdeaux suggested a vacation for all CWD families. That initial gathering turned into the conference it is today. Friends for Life is not just for children, but for all those who are affected by diabetes. This includes adults with diabetes, grandparents, significant others, young adults, teens, tweens, elementary-aged children, toddlers, and siblings of all ages. Friends for Life brings together the entire diabetes community to provide support and education. There is no limit to our community, or to the inspiration you'll find at Friends for Life.

We want to thank everyone who participated in this historic campaign; we could not do it without you—our friends for life.



“At FFL, I Belonged”

I always take a pause when someone asks for my “diabetes story.”

I wasn't very aware of my diagnosis; I was so young. Though I do have some memories—an old hospital room, the Disney Channel playing on the small television screen, and steel hospital bed with gates. I remember pretending I was a lion trapped in a cage. I felt that way for most of my childhood—diabetes was something I had to cage. I had to hide. In elementary school my insulin pump had to be hidden in my uniform. I remember my mother cutting and sewing in places to clip my pump to the inside of my jumper. If I went low during dance class, I had to sit away from all the other dancers. They couldn't sit with me while I checked and treated my blood sugars. Diabetes was always something to hide away. It wasn't something to be proud of. Except for one week out of the summer—the Friends for Life Conference. There were insulin pumps everywhere. I had friends to sit with when I went low. I felt included. I belonged.

I am so grateful for the sense of empowerment that came from attending the Children with Diabetes conferences. I learned how to become a better advocate for myself. I learned how to welcome diabetes into my everyday life. I started treating for lows, publicly, in the dance studio. I started to wear my insulin pump on the outside of my jumper. Diabetes will always be there. It will always be a part of me, and I needed to learn how to take control of my life. I took ownership of my situation. I took ownership of my diabetes. I let that little lion that was caged up in the cold hospital room free. I let her be the person she deserved to be, despite diabetes.

I let that little lion that was caged up in the cold hospital room **free**. I let her be the person she deserved to be, despite diabetes.

— Hannah Opendaker

My “diabetes story” is always hard to share because it was internalized for so many years. But I am so grateful to the diabetes community for helping me to free that lion. I am beyond grateful I have the opportunity now to help others gain that confidence and take ownership of their diabetes. Diabetes can be hard, but we don't have to do it alone.

Today I am a performer. I am an artistic producer. I am a dog mom. And, most importantly, I am a confident person living with Type One Diabetes.



Hannah Opendaker

“I'm Hannah. I am a performing artist and artistic producer in Philadelphia, PA. I am a dog mom to Ruby, a craft enthusiast, and an over-consumer of iced coffee. I have been coming to the Friends for Life conferences for 20 years and have been working with the Teen Staff for about five years. I have lived with diabetes for more than 22 years.”

To read more stories from the CWD community, or to share your own, visit cwd.is/stories.

Clinical Recap and Activities 2021

Weekly Articles

Throughout 2021, articles covering a variety of pertinent topics, along with the latest diabetes research findings were published and disseminated in CWD's weekly newsletter, *The Weekly Diabetes* and social media accounts. All articles can be accessed at childrenwithdiabetes.com/cwd-news.

Topics covered include:

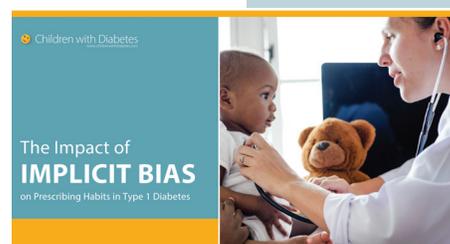
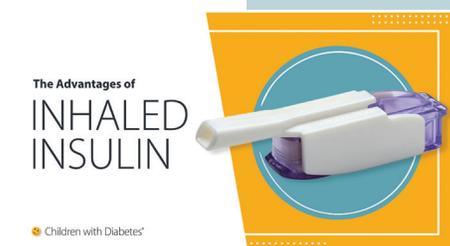
- **COVID-19 and Diabetes:** latest research, relationship between COVID-19 and diabetes, mental health-related to COVID-19 and diabetes, impact of lockdowns
- **Diabetes Diagnosis:** auto-antibodies, preventing diabetes, different types of diabetes
- **Insulins:** ultra-rapid insulins, smart pens, inhaled insulin, bolusing for fat and protein
- **Psychosocial Factors in Diabetes:** diabetes identity, being a sibling of a PWD (person with diabetes), burden of moms of kids with diabetes, anxiety around lows and highs, sharing blood glucose data, peer support
- **Diabetes Tech:** Hybrid closed-loop systems, when to start diabetes tech, DIY systems, reducing diabetes waste, training and support when starting tech, extended-wear infusion sets, experiences with closed-loop systems
- **Health Disparities and Healthcare Systems Challenges:** implicit bias and prescribing for PWD, who decides your healthcare, financial challenges for PWD
- **Complications and Other Conditions:** celiac, heart disease, fatty liver, gastroparesis, microbiome studies
- **Living with Diabetes:** exercise, low-carb diet, TIR vs. HbA1c, alcohol, fasting safely, hypoglycemia unawareness, key tips for meeting diabetes goals

Diabetes News Archive

CWD curates and maintains a vast news archive of the latest publications related to type 1 diabetes research, daily care, legislation and policy, press releases, celiac, diabetes in the popular press, and social media articles. The articles can be found on childrenwithdiabetes.com/news and are updated weekly on Wednesdays in correlation to the Weekly Newsletter. The social media links are included in the newsletter, and some publication links are included if they are pertinent to the diabetes community.

Throughout 2021, the count of articles by topic are as follows:

1. Diabetes Research: **497**
2. Diabetes Daily Care: **1,028**
3. Popular Press related to Diabetes: **275**
4. Social Media related to Diabetes: **444**
5. Legislative and Policy News: **31**
6. Press Releases for Diabetes Medications or Devices: **102**
7. Celiac News: **218**





In 2021, CWD has answered 110 questions through CWD Answers, and hosted **18 Screenside Chats** and **4 Masterpiece Product Theaters**

CWD Answers

People from around the world and throughout the United States submit their diabetes-related health questions to the CWD Answers portion of the CWD website. In 2021, CWD staff and faculty were able to respond to 110 questions. Of these, there were 12 that were then published with the question and answer as a resource for the community. The questions were either answered by CWD's Clinical Director, Marissa Town, RN, BSN, CDCES, or sent on to members of CWD's Diabetes Team.

CWD has had a Diabetes Team since the early days of the organization. This team is comprised of key community partners who are experts in their fields to ensure accurate, evidenced-based, and the most up-to-date answers are available to the diabetes community. This group includes pediatric endocrinologists, adult endocrinologists, diabetes psychologists, and members of the diabetes community with diabetes connections both in the U.S. and worldwide. Sometimes those submitting a question are simply looking to connect with other families in their geographic area, and we respond to this type of inquiry by doing our best to make that connection for them.

Screenside Chats

Starting in April 2020, when the world as we knew it changed due to the COVID-19 pandemic, CWD has been committed to providing virtual education and support for people and families living with type 1 diabetes. The attendance of our virtual FFL programs and Screenside Chats has ebbed and flowed throughout 2020 and 2021, but people have continued to log-in for those live chats and recordings. All of the recordings can be found on CWD's YouTube Page: youtube.com/c/CWDdiabetes/videos or on CWD's website: childrenwithdiabetes.com/screenside-chats-with-cwd.

Throughout 2021, we hosted 18 Screenside Chats, which was more than the 12 we originally planned to hold. Most of the chats were educational, featuring a healthcare professional such as an endocrinologist, a diabetes educator, or a psychologist. We also used this platform for updates from other diabetes organizations including TrialNet, T1D Exchange, IDF, DRIF, and Insulin for Life. Collaborating and encouraging the work of other diabetes organizations is paramount to CWD's mission of care today for a cure tomorrow.

Masterpiece Product Theater

Masterpiece Product Theaters allow our families to interact with our sponsors working in the diabetes tech and management industry. These sessions give those sponsors the opportunity to present their product information to families living with diabetes. These sessions ensure families have access to information on the newest diabetes-related products, and give them the opportunity to ask questions directly to the companies. CWD staff participate actively in these sessions, facilitating the Q&A and guiding the discussions as necessary.



A Week of ^{Virtual} Celebration

November 9–14, 2021



Thank you for celebrating 100 Years of Insulin with Children with Diabetes

Celebrating
100 Years of Insulin



MADDIE KARITIS
Diagnosed at age 9



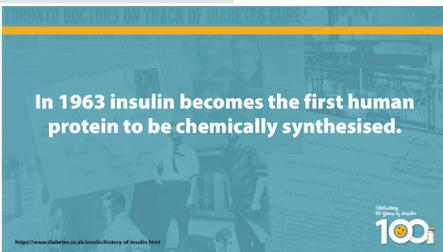
What does 100 years of insulin mean to you?



Alexis, 38
Diagnosed on 01/07/1984



CYNTHIA DEITLE, MD, MEd
Member of CWD



In 1963 insulin becomes the first human protein to be chemically synthesised.



Friends for Life Fall 2021 - A Week of Virtual Celebration

At Friends for Life Fall 2021, we were able to bring science-based information across many topics, direct from world-renowned speakers, to you, our community, to help you continue to thrive with diabetes.

Taking on a new format, Friends for Life Fall 2021 was a week-long event, focusing on different content areas each evening. Tuesday night, we opened with a keynote presentation on the discovery of insulin. On Wednesday we went back to basics with diabetes 101 and carb counting. Thursday featured a psychologist for discussions on the impact of technology and getting support. On Friday we focused on advocacy, Saturday was all about diabetes technology, and Sunday was an incredible day of celebration for World Diabetes Day 2021 and the culmination of CWD's **100 Years of Us** campaign! In addition to the nightly sessions, we offered open virtual hallways for casual conversation and a virtual exhibit hall to allow attendees to visit with our amazing sponsors.

The conference was virtual, but the friends are for life!

World Diabetes Day 2021 Celebration

On Sunday, November 14, 2021, members of the CWD team and the CWD community came together, virtually, for a moment of celebration and reflection on World Diabetes Day 2021. This program focused on the significance of 2021—the 100th anniversary of the discovery of insulin—and what it means to us as a community. You can watch our World Diabetes Day 2021—**100 Years of Us** Celebration video, in addition to all the recorded conference sessions, on CWD's Youtube Channel at [youtube.com/cwddiabetes](https://www.youtube.com/cwddiabetes).

A Week of ^{Virtual} Celebration

BY THE NUMBERS...

Great virtual week and celebration of 100 years of insulin. CWD and the Friends for Life Conferences are a must do for our entire family!
—**Jeff Karitis**, CWD Volunteer & Parent of T1D

418 Registrants



16 Countries



US, Brazil, Canada, Cayman Islands, Egypt, India, Kuwait, New Zealand, Nigeria, Peru, Slovenia, South Africa, Spain & United Kingdom

134

Attendees with **type 1 diabetes**



9 Educational Sessions



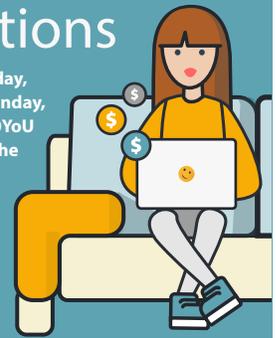
4 Meet Ups

1 MoFFL Zoom & 3 Virtual Hallways



219 Donations

made from Sunday, 11/7 through Sunday, 11/14 to the 100YoU Campaign and the \$25k Challenge



1 Virtual Workout

with Professional Freestyle Skier, Lauren Salko



1 Diabetes Game Show

with Author and Podcaster, Stacey Simms



1 Celebration Video

Celebrating 100 Years of Insulin

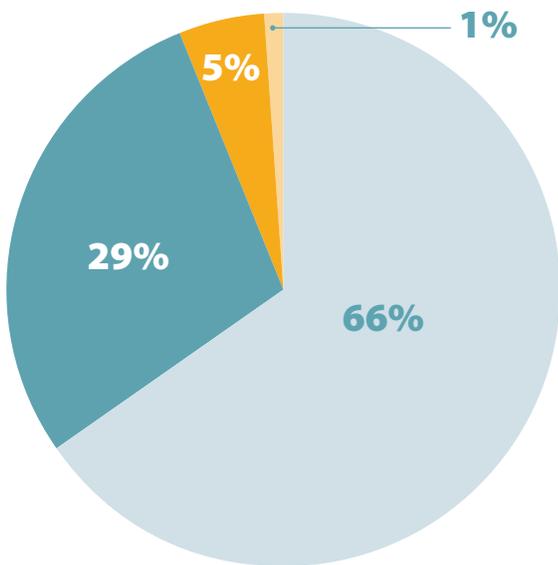


“ FFL Fall 2021: A Week of Virtual Celebration was a fantastic time. I truly enjoyed getting to spend the entire week hearing from experts within the field through Celebration Sunday. The week culminating with CWD's 100 Year's Celebration video felt like the perfect cherry on top, to not only the virtual conference, but for the final day of the 100 Years of Us campaign. Thank you to every who joined us for a week of education and celebration and thank you to our donors and sponsors who make it all possible!”

— **Matt Point**, CWD's Director of Advancement

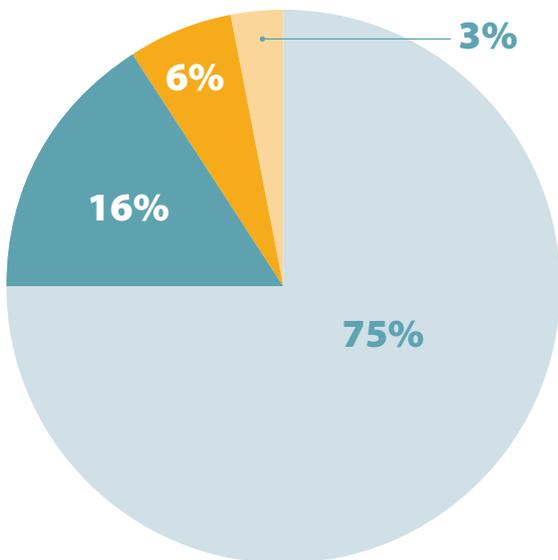
A Summary of Our 2021 Finances

Income by Category



- Conference Income
- Individual Donations and Public Grants
- Advertising
- Investment Earnings

Expenses by Category



- Conferences
- Online Activities
- Management and General
- Fundraising

Thank You

Thank you to our generous sponsors for making Virtual Friends for Life Orlando 2021 possible.

Diamond Level Sponsors



Gold Level Sponsors



Bronze Level Sponsors



Friends of CWD





Upcoming FFL Conferences

Mark your calendars for these upcoming Friends for Life events!

2022

Friends for Life Orlando 2022 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 5-10, 2022

Friends for Life College Park 2022 at the College Park Marriott
Hyattsville, Maryland | October 7-9, 2022

2023

Friends for Life Seattle 2023 at the Renaissance Seattle
Seattle, Washington | March 17-19, 2023

Friends for Life Orlando 2023 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 4-9, 2023

Friends for Life White Plains 2023 at the Sonesta White Plains
White Plains, New York | October 6-8, 2023

2024

Friends for Life Indianapolis 2024 at the Crowne Plaza
Indianapolis, Indiana | March 22-24, 2024

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Anaheim at the Disneyland Hotel
Anaheim, California | October 25-27, 2024

Future Dates for Friends for Life Orlando

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Orlando 2025 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 8-13, 2025

Friends for Life Orlando 2026 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 7-12, 2026

Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 6-11, 2027

Friends for Life Orlando 2028 at the Gaylord Palms
Kissimmee, Florida | July 4-9, 2028

Friends for Life Orlando 2029 at the Gaylord Palms
Kissimmee, Florida | July 3-8, 2029

Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 2-7, 2030





Children with Diabetes[®]

www.childrenwithdiabetes.com

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Interested in making a donation to CWD or creating a fundraiser? Scan the QR code to learn more about our giving opportunities.

